



# MIAC Outdoor Performance List

## 100 Meters

|    | Athlete               | Year | Team                 | Time  | Meet                                                  | Meet Date    | Wind |
|----|-----------------------|------|----------------------|-------|-------------------------------------------------------|--------------|------|
| 1  | Miller, Ryan          | SO-2 | St. John's (Minn.)   | 10.22 | NCAA Division III Outdoor Track & Field Championships | May 23, 2019 | 2.7  |
| 2  | Schoenbauer, Drew     | SR-4 | St. John's (Minn.)   | 10.60 | MIAC Outdoor Track & Field Championships              | May 10, 2019 | 2.9  |
| 3  | Douville, Eric        | FR-1 | St. Thomas (Minn.)   | 10.66 | Drake Relays presented by Hy-Vee                      | Apr 24, 2019 | 2.8  |
| 3  | Lichttenegger, Kyle   | JR-3 | Saint Mary's (Minn.) | 10.66 | NCAA Final Qualifier at UW-La Crosse                  | May 16, 2019 | -0.2 |
| 5  | Richter, Bryan        | JR-3 | Carleton             | 10.91 | MIAC Outdoor Track & Field Championships              | May 10, 2019 | 2.9  |
| 5  | Lossow, Malachi       | SO-2 | Bethel (Minn.)       | 10.91 | MIAC Outdoor Track & Field Championships              | May 10, 2019 | 2.9  |
| 7  | Rooney, Taylor        | SO-2 | Gustavus Adolphus    | 10.96 | Carleton Relays                                       | Apr 20, 2019 | 3.5  |
| 8  | Gannon, Nick          | SO-2 | St. John's (Minn.)   | 11.00 | MIAC Outdoor Track & Field Championships              | May 10, 2019 | 2.9  |
| 9  | Forbes, Duncan        | SO-2 | St. Olaf             | 11.06 | Carleton Relays                                       | Apr 20, 2019 | 3.5  |
| 10 | Young, Jack           | FR-1 | St. John's (Minn.)   | 11.07 | Bryan Clay Invitational                               | Apr 17, 2019 | 3.4  |
| 11 | Kaiser, Adam          | SR-4 | St. Olaf             | 11.12 | Carleton Relays                                       | Apr 20, 2019 | 3.5  |
| 12 | White, Conor          | SR-4 | St. Thomas (Minn.)   | 11.14 | MIAC Outdoor Track & Field Championships              | May 10, 2019 | -1.7 |
| 13 | Rosario, Sam          | SR-4 | Augsburg             | 11.18 | Tomcat Twilight                                       | Apr 18, 2019 | 2.8  |
| 14 | Boone, Matthew        | SO-2 | Saint Mary's (Minn.) | 11.20 | Meet of The UnSaintly                                 | May 3, 2019  | 1.0  |
| 15 | Brisbois, Remington   | SO-2 | Hamline              | 11.21 | Meet of The UnSaintly                                 | May 3, 2019  | 1.0  |
| 16 | Keener, Kaleb         | FR-1 | St. Thomas (Minn.)   | 11.26 | Meet of the Saints                                    | May 4, 2019  | -1.5 |
| 17 | Gish, Matt            | FR-1 | St. John's (Minn.)   | 11.28 | Carleton Relays                                       | Apr 20, 2019 | 2.3  |
| 18 | Clintsman, Randall    | JR-3 | St. John's (Minn.)   | 11.29 | Bolstorff Twilight                                    | Apr 25, 2019 | 2.1  |
| 19 | Blaney, Jack          | SR-4 | Gustavus Adolphus    | 11.32 | MSU Twilight                                          | May 4, 2019  | 0.6  |
| 20 | Grandgenett, Harrison | FR-1 | St. Thomas (Minn.)   | 11.33 | Bolstorff Twilight                                    | Apr 25, 2019 | 2.1  |
| 21 | Steward, Desmond      | SR-4 | Saint Mary's (Minn.) | 11.35 | Ashton May Invitational                               | Apr 6, 2019  | 1.0  |
| 22 | Bye, Matt             | JR-3 | Concordia-Moorhead   | 11.37 | NCAA Division III Outdoor Track & Field Championships | May 23, 2019 | 4.8  |
| 23 | Rikkers, Adam         | JR-3 | St. Thomas (Minn.)   | 11.39 | Bolstorff Twilight                                    | Apr 25, 2019 | 2.1  |
| 24 | Busby, Taron          | SO-2 | Augsburg             | 11.40 | Bolstorff Twilight                                    | Apr 25, 2019 | 2.1  |
| 24 | Anigbogu, Robert      | SO-2 | Macalester           | 11.40 | Bolstorff Twilight                                    | Apr 25, 2019 | 1.3  |
| 26 | Lincoln, Derrick      | SO-2 | St. Olaf             | 11.46 | Carleton Relays                                       | Apr 20, 2019 | 4.1  |
| 27 | Montplaisir, Matthew  | JR-3 | Gustavus Adolphus    | 11.47 | MSU Twilight                                          | May 4, 2019  | 0.6  |
| 28 | Labine, Brady         | SO-2 | St. John's (Minn.)   | 11.48 | Hamline Coed Invitational                             | Apr 6, 2019  | -1.6 |
| 29 | Thompson, Ryan        | SO-2 | St. John's (Minn.)   | 11.52 | MIAC Outdoor Track & Field Championships              | May 10, 2019 | +0.0 |

|    | Athlete        | Year | Team               | Time  | Meet            | Meet Date    | Wind |
|----|----------------|------|--------------------|-------|-----------------|--------------|------|
| 30 | Haik, Charles  | SO-2 | St. John's (Minn.) | 11.53 | Carleton Relays | Apr 20, 2019 | 2.3  |
| 30 | Julkes, Willie | JR-3 | Concordia-Moorhead | 11.53 | Tomcat Twilight | Apr 18, 2019 | 3.4  |

## 200 Meters

|    | Athlete              | Year | Team                 | Time  | Meet                                              | Meet Date    | Wind |
|----|----------------------|------|----------------------|-------|---------------------------------------------------|--------------|------|
| 1  | Schoenbauer, Drew    | SR-4 | St. John's (Minn.)   | 21.55 | Bryan Clay Invitational                           | Apr 17, 2019 | 3.2  |
| 2  | Miller, Ryan         | SO-2 | St. John's (Minn.)   | 21.73 | MIAC Outdoor Track & Field Championships          | May 10, 2019 | 0.1  |
| 3  | Douville, Eric       | FR-1 | St. Thomas (Minn.)   | 21.81 | Tomcat Twilight                                   | Apr 18, 2019 | 2.3  |
| 4  | Lossow, Malachi      | SO-2 | Bethel (Minn.)       | 21.99 | Augustana Womens Invitational / Meet of Champions | Apr 18, 2019 | 1.7  |
| 5  | Lichttenegger, Kyle  | JR-3 | Saint Mary's (Minn.) | 22.00 | MIAC Outdoor Track & Field Championships          | May 10, 2019 | 1.7  |
| 6  | Collison, Omavi      | FR-1 | St. John's (Minn.)   | 22.05 | Bryan Clay Invitational                           | Apr 17, 2019 | 1.8  |
| 7  | Anderson, Noah       | SO-2 | Saint Mary's (Minn.) | 22.10 | Saint Mary's Open                                 | Apr 25, 2019 | 2.4  |
| 8  | Erickson, Isaac      | JR-3 | Bethel (Minn.)       | 22.24 | Meet of The UnSaintly                             | May 3, 2019  | 1.6  |
| 9  | Schwartz, Ben        | JR-3 | Carleton             | 22.31 | Gustavus Alternative                              | Apr 26, 2019 | +0.0 |
| 10 | Wright, Cal          | FR-1 | Concordia-Moorhead   | 22.35 | Dordt College Outdoor Invitational 2019           | Apr 6, 2019  | 1.3  |
| 11 | Kaiser, Adam         | SR-4 | St. Olaf             | 22.45 | Tomcat Twilight                                   | Apr 18, 2019 | 2.4  |
| 12 | Young, Jack          | FR-1 | St. John's (Minn.)   | 22.47 | NCAA Final Qualifier at UW-La Crosse              | May 16, 2019 | 1.7  |
| 13 | Richter, Bryan       | JR-3 | Carleton             | 22.55 | Gustavus Alternative                              | Apr 26, 2019 | +0.0 |
| 14 | Boone, Matthew       | SO-2 | Saint Mary's (Minn.) | 22.66 | Saint Mary's Open                                 | Apr 25, 2019 | 2.2  |
| 15 | Kulstad, Zach        | SO-2 | Carleton             | 22.67 | Gustavus Alternative                              | Apr 26, 2019 | +0.0 |
| 16 | Greaney, Keegan      | SO-2 | Macalester           | 22.74 | Meet of The UnSaintly                             | May 3, 2019  | 1.6  |
| 16 | Forbes, Duncan       | SO-2 | St. Olaf             | 22.74 | Tomcat Twilight                                   | Apr 18, 2019 | 1.7  |
| 18 | Loverude, Brandon    | SO-2 | Bethel (Minn.)       | 22.75 | NCAA Final Qualifier at UW-La Crosse              | May 16, 2019 | 1.7  |
| 19 | Jones, Nic           | FR-1 | Bethel (Minn.)       | 22.81 | Gustavus Alternative                              | Apr 26, 2019 | -0.7 |
| 20 | Gast, Dylan          | FR-1 | Gustavus Adolphus    | 22.87 | MSU Twilight                                      | May 4, 2019  | 1.8  |
| 21 | Rosario, Sam         | SR-4 | Augsburg             | 22.97 | Meet of The UnSaintly                             | May 3, 2019  | 1.6  |
| 22 | Brisbois, Remington  | SO-2 | Hamline              | 23.01 | Meet of The UnSaintly                             | May 3, 2019  | 1.6  |
| 23 | Schuller, Colin      | FR-1 | Concordia-Moorhead   | 23.04 | MIAC Outdoor Track & Field Championships          | May 10, 2019 | -1.2 |
| 24 | Gish, Matt           | FR-1 | St. John's (Minn.)   | 23.11 | MIAC Outdoor Track & Field Championships          | May 10, 2019 | 0.1  |
| 25 | Montplaisir, Matthew | JR-3 | Gustavus Adolphus    | 23.17 | MSU Twilight                                      | May 4, 2019  | 1.8  |
| 26 | Cook-Gallardo, Joey  | JR-3 | Carleton             | 23.22 | Rolex Classic                                     | May 1, 2019  | 1.5  |
| 26 | Quiring, Wyatt       | FR-1 | Gustavus Adolphus    | 23.22 | Gustavus Alternative                              | Apr 26, 2019 | -0.8 |
| 28 | Blaney, Jack         | SR-4 | Gustavus Adolphus    | 23.27 | MSU Twilight                                      | May 4, 2019  | 1.8  |
| 29 | Sorenson, Ben        | SO-2 | Hamline              | 23.29 | Bolstorff Twilight                                | Apr 25, 2019 | 0.4  |
| 30 | Palmer, David        | JR-3 | Macalester           | 23.30 | NCAA Final Qualifier at UW-La Crosse              | May 16, 2019 | 1.1  |

## 400 Meters

|    | Athlete             | Year | Team               | Time  | Meet                                                  | Meet Date    |
|----|---------------------|------|--------------------|-------|-------------------------------------------------------|--------------|
| 1  | Klamm, Carl         | SR-4 | Bethel (Minn.)     | 46.58 | NCAA Division III Outdoor Track & Field Championships | May 23, 2019 |
| 2  | Monroe, Shawn       | JR-3 | Bethel (Minn.)     | 48.63 | Augustana Womens Invitational / Meet of Champions     | Apr 18, 2019 |
| 3  | Erickson, Isaac     | JR-3 | Bethel (Minn.)     | 48.81 | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 4  | Collison, Omavi     | FR-1 | St. John's (Minn.) | 48.98 | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 5  | Wright, Cal         | FR-1 | Concordia-Moorhead | 49.09 | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 6  | Greaney, Keegan     | SO-2 | Macalester         | 49.25 | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 7  | Metz, Nolan         | FR-1 | Bethel (Minn.)     | 49.53 | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 8  | Kulstad, Zach       | SO-2 | Carleton           | 49.73 | Carleton Relays                                       | Apr 20, 2019 |
| 9  | Loverude, Brandon   | SO-2 | Bethel (Minn.)     | 49.82 | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 10 | Schwartz, Ben       | JR-3 | Carleton           | 49.87 | Hamline Coed Invitational                             | Apr 6, 2019  |
| 11 | Palmer, David       | JR-3 | Macalester         | 49.90 | NCAA Final Qualifier at UW-La Crosse                  | May 16, 2019 |
| 12 | Forbes, Duncan      | SO-2 | St. Olaf           | 49.94 | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 13 | Thedens, Mason      | FR-1 | St. Thomas (Minn.) | 50.11 | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 14 | Sorenson, Ben       | SO-2 | Hamline            | 50.28 | Meet of The UnSaintly                                 | May 3, 2019  |
| 15 | Johnson, Tyler      | SO-2 | St. John's (Minn.) | 50.34 | Carleton Relays                                       | Apr 20, 2019 |
| 16 | Cook-Gallardo, Joey | JR-3 | Carleton           | 50.41 | Rolex Classic                                         | May 1, 2019  |
| 17 | Mendez, Alberto     | SR-4 | Hamline            | 50.58 | Meet of The UnSaintly                                 | May 3, 2019  |
| 18 | Devereaux, Jackson  | SO-2 | St. John's (Minn.) | 50.62 | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 19 | Johnson, Noah       | FR-1 | Gustavus Adolphus  | 50.70 | Gustavus Alternative                                  | Apr 26, 2019 |
| 20 | Richter, Bryan      | JR-3 | Carleton           | 50.75 | Rolex Classic                                         | May 1, 2019  |
| 21 | Gast, Dylan         | FR-1 | Gustavus Adolphus  | 50.82 | MSU Twilight                                          | May 4, 2019  |
| 21 | Quiring, Wyatt      | FR-1 | Gustavus Adolphus  | 50.82 | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 23 | Russell, David      | SO-2 | St. John's (Minn.) | 51.03 | Hamline Coed Invitational                             | Apr 6, 2019  |
| 24 | Gagnon, Hayden      | FR-1 | Concordia-Moorhead | 51.07 | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 25 | Scott, Benjamin     | JR-3 | St. Olaf           | 51.13 | Rolex Classic                                         | May 1, 2019  |
| 26 | Thompson, Ryan      | SO-2 | St. John's (Minn.) | 51.15 | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 27 | Walton, Lukas       | FR-1 | Bethel (Minn.)     | 51.21 | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 28 | Schuller, Colin     | FR-1 | Concordia-Moorhead | 51.25 | Dordt College Outdoor Invitational 2019               | Apr 6, 2019  |
| 29 | Prater, Joshua      | JR-3 | St. Thomas (Minn.) | 51.37 | Hamline Coed Invitational                             | Apr 6, 2019  |
| 30 | Carl, Brian         | SO-2 | St. Thomas (Minn.) | 51.43 | Whittier Twilight                                     | Apr 5, 2019  |

## 800 Meters

|   | Athlete             | Year | Team     | Time    | Meet                                 | Meet Date    |
|---|---------------------|------|----------|---------|--------------------------------------|--------------|
| 1 | Cook-Gallardo, Joey | JR-3 | Carleton | 1:53.29 | NCAA Final Qualifier at UW-La Crosse | May 16, 2019 |

|    | Athlete             | Year | Team               | Time    | Meet                                              | Meet Date    |
|----|---------------------|------|--------------------|---------|---------------------------------------------------|--------------|
| 2  | Kozlowski, Carl     | SO-2 | St. Thomas (Minn.) | 1:53.34 | 2019 Pomona-Pitzer Invitational (College/Univ)    | Apr 6, 2019  |
| 3  | Hatton, Evan        | SR-4 | Bethel (Minn.)     | 1:53.92 | NCAA Final Qualifier at UW-La Crosse              | May 16, 2019 |
| 4  | Lonergan, Sean      | JR-3 | St. Olaf           | 1:54.03 | Meet of the Saints                                | May 4, 2019  |
| 5  | Middendorf, Jesse   | FR-1 | Concordia-Moorhead | 1:54.43 | Cobber Twilight                                   | Apr 23, 2019 |
| 6  | Klamm, Carl         | SR-4 | Bethel (Minn.)     | 1:55.03 | PLNU Track and Field Invitational                 | Mar 23, 2019 |
| 7  | Wachter, Karl       | JR-3 | St. Thomas (Minn.) | 1:55.34 | Meet of the Saints                                | May 4, 2019  |
| 8  | Lelinga, Ezekiel    | SO-2 | Bethel (Minn.)     | 1:55.40 | Augustana Womens Invitational / Meet of Champions | Apr 18, 2019 |
| 9  | Johnson, Noah       | FR-1 | Gustavus Adolphus  | 1:55.94 | MIAC Outdoor Track & Field Championships          | May 10, 2019 |
| 10 | Lamb, Kevin         | SR-4 | St. John's (Minn.) | 1:56.36 | Meet of the Saints                                | May 4, 2019  |
| 11 | Hitt, Cooper        | FR-1 | Bethel (Minn.)     | 1:56.47 | Augustana Womens Invitational / Meet of Champions | Apr 18, 2019 |
| 12 | Kiley, Collin       | JR-3 | St. Thomas (Minn.) | 1:56.52 | Meet of the Saints                                | May 4, 2019  |
| 13 | Palmer, David       | JR-3 | Macalester         | 1:56.83 | Carleton Relays                                   | Apr 20, 2019 |
| 14 | Carl, Brian         | SO-2 | St. Thomas (Minn.) | 1:57.21 | 2019 Pomona-Pitzer Invitational (College/Univ)    | Apr 6, 2019  |
| 15 | Wilkinson, Matthew  | SO-2 | Carleton           | 1:57.98 | Rolex Classic                                     | May 1, 2019  |
| 16 | Thedens, Mason      | FR-1 | St. Thomas (Minn.) | 1:58.07 | Gustavus Alternative                              | Apr 26, 2019 |
| 17 | Webb, Noah          | SO-2 | St. John's (Minn.) | 1:58.24 | Meet of the Saints                                | May 4, 2019  |
| 18 | Graff, Chase        | JR-3 | St. Thomas (Minn.) | 1:58.40 | MIAC Outdoor Track & Field Championships          | May 10, 2019 |
| 19 | Javens, Landon      | FR-1 | St. Thomas (Minn.) | 1:58.46 | MIAC Outdoor Track & Field Championships          | May 10, 2019 |
| 20 | Sworski, Erik       | SO-2 | St. Thomas (Minn.) | 1:58.77 | MIAC Outdoor Track & Field Championships          | May 10, 2019 |
| 21 | Haugrud, Connor     | SO-2 | Concordia-Moorhead | 1:58.78 | Cobber Twilight                                   | Apr 23, 2019 |
| 21 | Roen, Ben           | SO-2 | Hamline            | 1:58.78 | Carleton Relays                                   | Apr 20, 2019 |
| 23 | Lorah, Matt         | SO-2 | Hamline            | 1:58.79 | Meet of The UnSaintly                             | May 3, 2019  |
| 24 | Stanek, Christopher | SO-2 | St. John's (Minn.) | 1:58.93 | Meet of the Saints                                | May 4, 2019  |
| 25 | Pavelka, Bridger    | JR-3 | Gustavus Adolphus  | 1:59.36 | MSU Twilight                                      | May 4, 2019  |
| 26 | Madigan, Ben        | SR-4 | Gustavus Adolphus  | 1:59.45 | MSU Twilight                                      | May 4, 2019  |
| 27 | Primozech, Sam      | SO-2 | St. Olaf           | 1:59.56 | Tomcat Twilight                                   | Apr 18, 2019 |
| 28 | Gallagher, Tyler    | FR-1 | Hamline            | 1:59.59 | MIAC Outdoor Track & Field Championships          | May 10, 2019 |
| 29 | Cassidy, Elliott    | SO-2 | St. Olaf           | 1:59.82 | Rolex Classic                                     | May 1, 2019  |
| 30 | Kosche, Reuben      | SO-2 | St. Olaf           | 1:59.90 | Tomcat Twilight                                   | Apr 18, 2019 |

## 1500 Meters

|   | Athlete          | Year | Team               | Time    | Meet                                                  | Meet Date    |
|---|------------------|------|--------------------|---------|-------------------------------------------------------|--------------|
| 1 | Lonergan, Sean   | JR-3 | St. Olaf           | 3:51.07 | NCAA Division III Outdoor Track & Field Championships | May 23, 2019 |
| 2 | Wachter, Karl    | JR-3 | St. Thomas (Minn.) | 3:54.09 | NCAA Final Qualifier at UW-La Crosse                  | May 16, 2019 |
| 3 | Gustafson, Frank | JR-3 | Hamline            | 3:55.44 | Phil Esten Challenge @ UW-La Crosse                   | Apr 18, 2019 |

|    | Athlete              | Year | Team               | Time    | Meet                                              | Meet Date    |
|----|----------------------|------|--------------------|---------|---------------------------------------------------|--------------|
| 4  | Wilkinson, Matthew   | SO-2 | Carleton           | 3:56.19 | Rolex Classic                                     | May 1, 2019  |
| 5  | Lelinga, Ezekiel     | SO-2 | Bethel (Minn.)     | 3:58.16 | Minnesota Men's Twilight                          | May 1, 2019  |
| 6  | Mueller, Lucas       | SO-2 | Carleton           | 3:59.80 | Rolex Classic                                     | May 1, 2019  |
| 7  | Rosenau, Parker      | SR-4 | St. Thomas (Minn.) | 4:01.68 | Tomcat Twilight                                   | Apr 18, 2019 |
| 8  | Wiel, Biel           | FR-1 | St. Thomas (Minn.) | 4:02.30 | Meet of the Saints                                | May 4, 2019  |
| 9  | Dodge, Tris          | SR-4 | Carleton           | 4:02.91 | Rolex Classic                                     | May 1, 2019  |
| 10 | Lamb, Kevin          | SR-4 | St. John's (Minn.) | 4:04.47 | CSB-SJU Outdoor                                   | Mar 31, 2019 |
| 11 | Mathison, James      | SR-4 | St. John's (Minn.) | 4:04.60 | Hamline Coed Invitational                         | Apr 6, 2019  |
| 12 | Anderson, William    | SR-4 | St. Olaf           | 4:04.63 | Phil Esten Challenge @ UW-La Crosse               | Apr 18, 2019 |
| 13 | Kosche, Reuben       | SO-2 | St. Olaf           | 4:05.08 | Meet of the Saints                                | May 4, 2019  |
| 14 | Mendel, Ike          | FR-1 | Bethel (Minn.)     | 4:05.32 | Augustana Womens Invitational / Meet of Champions | Apr 18, 2019 |
| 15 | Perry, Ben           | FR-1 | Carleton           | 4:05.79 | Rolex Classic                                     | May 1, 2019  |
| 16 | Lavey, Stephen       | FR-1 | Carleton           | 4:05.82 | Rolex Classic                                     | May 1, 2019  |
| 17 | Middendorf, Jesse    | FR-1 | Concordia-Moorhead | 4:06.04 | Tomcat Twilight                                   | Apr 18, 2019 |
| 18 | Cassidy, Elliott     | SO-2 | St. Olaf           | 4:06.32 | Meet of the Saints                                | May 4, 2019  |
| 19 | Primozech, Sam       | SO-2 | St. Olaf           | 4:06.40 | MIAC Outdoor Track & Field Championships          | May 10, 2019 |
| 20 | Lepak, Jake          | JR-3 | Macalester         | 4:06.50 | Meet of The UnSaintly                             | May 3, 2019  |
| 21 | Nakasaka, Adam       | FR-1 | Carleton           | 4:06.66 | MIAC Outdoor Track & Field Championships          | May 10, 2019 |
| 22 | Brecheisen, Justin   | SR-4 | Bethel (Minn.)     | 4:07.04 | Augustana Womens Invitational / Meet of Champions | Apr 18, 2019 |
| 23 | Tydings, Clay        | SO-2 | Carleton           | 4:07.59 | Rolex Classic                                     | May 1, 2019  |
| 24 | Pavelka, Bridger     | JR-3 | Gustavus Adolphus  | 4:07.75 | Carleton Relays                                   | Apr 20, 2019 |
| 25 | David, Evan          | SO-2 | Carleton           | 4:07.83 | Rolex Classic                                     | May 1, 2019  |
| 26 | Finn, Michael        | SO-2 | St. Olaf           | 4:07.93 | Rolex Classic                                     | May 1, 2019  |
| 27 | Reyes Herrera, Edwin | JR-3 | Macalester         | 4:08.29 | Meet of The UnSaintly                             | May 3, 2019  |
| 28 | Santos, Ben          | FR-1 | Carleton           | 4:08.73 | Hamline Coed Invitational                         | Apr 6, 2019  |
| 29 | Webb, Noah           | SO-2 | St. John's (Minn.) | 4:09.04 | CSB-SJU Outdoor                                   | Mar 31, 2019 |
| 30 | Isahak, Munir        | SO-2 | Concordia-Moorhead | 4:09.43 | Meet of the Saints                                | May 4, 2019  |

## 5000 Meters

|   | Athlete            | Year | Team              | Time     | Meet                                     | Meet Date    |
|---|--------------------|------|-------------------|----------|------------------------------------------|--------------|
| 1 | Mueller, Lucas     | SO-2 | Carleton          | 14:22.67 | MIAC Outdoor Track & Field Championships | May 10, 2019 |
| 2 | Dodge, Tris        | SR-4 | Carleton          | 14:41.21 | Hamline Coed Invitational                | Apr 6, 2019  |
| 3 | Wilkinson, Matthew | SO-2 | Carleton          | 14:49.80 | Hamline Coed Invitational                | Apr 6, 2019  |
| 4 | Stumbo, Andrew     | SO-2 | Gustavus Adolphus | 14:52.52 | Mustang Open                             | Apr 13, 2019 |
| 5 | Lerdall, Thomas    | SR-4 | St. Olaf          | 14:56.91 | MIAC Outdoor Track & Field Championships | May 10, 2019 |

|    | Athlete            | Year | Team               | Time     | Meet                                     | Meet Date    |
|----|--------------------|------|--------------------|----------|------------------------------------------|--------------|
| 6  | Wachter, Karl      | JR-3 | St. Thomas (Minn.) | 15:02.22 | Tomcat Twilight                          | Apr 18, 2019 |
| 7  | Brenk, Christopher | JR-3 | St. Olaf           | 15:05.25 | MIAC Outdoor Track & Field Championships | May 10, 2019 |
| 8  | McGivern, George   | JR-3 | St. Thomas (Minn.) | 15:08.77 | MIAC Outdoor Track & Field Championships | May 10, 2019 |
| 9  | Kadrofske, Elliot  | JR-3 | St. Olaf           | 15:08.81 | MIAC Outdoor Track & Field Championships | May 10, 2019 |
| 10 | Karrick, Mac       | FR-1 | St. Thomas (Minn.) | 15:11.07 | MIAC Outdoor Track & Field Championships | May 10, 2019 |
| 11 | Doherty, James     | SR-4 | Macalester         | 15:14.17 | MIAC Outdoor Track & Field Championships | May 10, 2019 |
| 12 | Mendel, Ike        | FR-1 | Bethel (Minn.)     | 15:16.84 | 2019 Kip Janvrin Open                    | Apr 25, 2019 |
| 13 | Lavey, Stephen     | FR-1 | Carleton           | 15:23.01 | MIAC Outdoor Track & Field Championships | May 10, 2019 |
| 14 | Santos, Ben        | FR-1 | Carleton           | 15:23.94 | Bolstorff Twilight                       | Apr 25, 2019 |
| 15 | Isahak, Munir      | SO-2 | Concordia-Moorhead | 15:29.81 | MIAC Outdoor Track & Field Championships | May 10, 2019 |
| 16 | Nakasaka, Adam     | FR-1 | Carleton           | 15:32.81 | Bolstorff Twilight                       | Apr 25, 2019 |
| 17 | Mathison, James    | SR-4 | St. John's (Minn.) | 15:32.94 | CSB-SJU Outdoor                          | Mar 31, 2019 |
| 18 | Diekmann, Dillon   | FR-1 | St. John's (Minn.) | 15:33.35 | MIAC Outdoor Track & Field Championships | May 10, 2019 |
| 19 | Wicklund, Eric     | JR-3 | Concordia-Moorhead | 15:33.88 | 2019 Kip Janvrin Open                    | Apr 25, 2019 |
| 20 | Plumb, Andrew      | SR-4 | St. Olaf           | 15:34.36 | Minnesota Men's Twilight                 | May 1, 2019  |
| 21 | Barnhart, Andy     | JR-3 | Bethel (Minn.)     | 15:35.04 | MIAC Outdoor Track & Field Championships | May 10, 2019 |
| 22 | Grant, Garet       | FR-1 | Gustavus Adolphus  | 15:36.91 | MIAC Outdoor Track & Field Championships | May 10, 2019 |
| 23 | Lepak, Jake        | JR-3 | Macalester         | 15:38.85 | Hamline Coed Invitational                | Apr 6, 2019  |
| 24 | Herzog, Jonah      | SO-2 | St. Olaf           | 15:40.04 | Hamline Coed Invitational                | Apr 6, 2019  |
| 25 | Johnson, Adrian    | SO-2 | Macalester         | 15:41.45 | Meet of The UnSaintly                    | May 3, 2019  |
| 26 | Furcich, Justin    | SR-4 | St. Olaf           | 15:41.70 | Bolstorff Twilight                       | Apr 25, 2019 |
| 27 | Wiel, Biel         | FR-1 | St. Thomas (Minn.) | 15:41.93 | Tomcat Twilight                          | Apr 18, 2019 |
| 28 | Rasmussen, Anders  | SR-4 | Bethel (Minn.)     | 15:43.63 | Hamline Coed Invitational                | Apr 6, 2019  |
| 29 | Gilbertson, Jeremy | SO-2 | Gustavus Adolphus  | 15:44.37 | Mustang Open                             | Apr 13, 2019 |
| 30 | Bethke, Tyler      | SR-4 | Bethel (Minn.)     | 15:46.54 | MIAC Outdoor Track & Field Championships | May 10, 2019 |

## 10000 Meters

|   | Athlete            | Year | Team              | Time     | Meet                                     | Meet Date    |
|---|--------------------|------|-------------------|----------|------------------------------------------|--------------|
| 1 | Mueller, Lucas     | SO-2 | Carleton          | 29:45.74 | Phil Esten Challenge @ UW-La Crosse      | Apr 18, 2019 |
| 2 | Dodge, Tris        | SR-4 | Carleton          | 30:14.39 | Phil Esten Challenge @ UW-La Crosse      | Apr 18, 2019 |
| 3 | Brenk, Christopher | JR-3 | St. Olaf          | 31:07.30 | Phil Esten Challenge @ UW-La Crosse      | Apr 18, 2019 |
| 4 | Stumbo, Andrew     | SO-2 | Gustavus Adolphus | 31:40.18 | MIAC Outdoor Track & Field Championships | May 10, 2019 |
| 5 | Lerdall, Thomas    | SR-4 | St. Olaf          | 31:40.20 | Phil Esten Challenge @ UW-La Crosse      | Apr 18, 2019 |
| 6 | Herzog, Jonah      | SO-2 | St. Olaf          | 32:11.65 | Phil Esten Challenge @ UW-La Crosse      | Apr 18, 2019 |
| 7 | Plumb, Andrew      | SR-4 | St. Olaf          | 32:22.37 | MIAC Outdoor Track & Field Championships | May 10, 2019 |

|    | Athlete           | Year | Team               | Time     | Meet                                              | Meet Date    |
|----|-------------------|------|--------------------|----------|---------------------------------------------------|--------------|
| 8  | McGivern, George  | JR-3 | St. Thomas (Minn.) | 32:25.74 | MIAC Outdoor Track & Field Championships          | May 10, 2019 |
| 9  | Mathison, James   | SR-4 | St. John's (Minn.) | 32:33.37 | MIAC Outdoor Track & Field Championships          | May 10, 2019 |
| 10 | Wicklund, Eric    | JR-3 | Concordia-Moorhead | 32:35.73 | MIAC Outdoor Track & Field Championships          | May 10, 2019 |
| 11 | Grant, Garet      | FR-1 | Gustavus Adolphus  | 32:46.23 | MIAC Outdoor Track & Field Championships          | May 10, 2019 |
| 12 | Bethke, Tyler     | SR-4 | Bethel (Minn.)     | 32:50.32 | Augustana Womens Invitational / Meet of Champions | Apr 18, 2019 |
| 13 | Kneesern, Noah    | SO-2 | Concordia-Moorhead | 32:55.20 | MIAC Outdoor Track & Field Championships          | May 10, 2019 |
| 14 | Johnson, Adrian   | SO-2 | Macalester         | 33:04.01 | MIAC Outdoor Track & Field Championships          | May 10, 2019 |
| 15 | Lepak, Jake       | JR-3 | Macalester         | 33:16.40 | MIAC Outdoor Track & Field Championships          | May 10, 2019 |
| 16 | Allen, Dan        | SR-4 | St. John's (Minn.) | 33:21.51 | NCC Gregory Final Qualifier                       | May 15, 2019 |
| 17 | Mehrhof, Kyle     | SR-4 | Hamline            | 33:22.40 | Carleton Relays                                   | Apr 20, 2019 |
| 18 | Olson, Casey      | SO-2 | Gustavus Adolphus  | 33:25.56 | Carleton Relays                                   | Apr 20, 2019 |
| 19 | Payne, Matt       | FR-1 | Gustavus Adolphus  | 33:27.46 | Carleton Relays                                   | Apr 20, 2019 |
| 20 | Wischnack, Alex   | SR-4 | Gustavus Adolphus  | 33:45.30 | Carleton Relays                                   | Apr 20, 2019 |
| 21 | Woetzel, Carter   | SO-2 | Bethel (Minn.)     | 34:01.88 | Augustana Womens Invitational / Meet of Champions | Apr 18, 2019 |
| 22 | Halverson, Josh   | SO-2 | Bethel (Minn.)     | 34:05.59 | Augustana Womens Invitational / Meet of Champions | Apr 18, 2019 |
| 23 | Huss, Tim         | SR-4 | Bethel (Minn.)     | 34:21.07 | Augustana Womens Invitational / Meet of Champions | Apr 18, 2019 |
| 24 | Schnirring, Lucas | FR-1 | Gustavus Adolphus  | 34:35.78 | Carleton Relays                                   | Apr 20, 2019 |
| 25 | Schnieders, Ben   | SO-2 | Carleton           | 34:40.46 | Carleton Relays                                   | Apr 20, 2019 |
| 26 | Boettcher, Henry  | JR-3 | St. John's (Minn.) | 35:20.53 | Phil Esten Challenge @ UW-La Crosse               | Apr 18, 2019 |
| 27 | Sethre, Kevin     | SO-2 | Augsburg           | 36:58.72 | Phil Esten Challenge @ UW-La Crosse               | Apr 18, 2019 |
| 28 | Miller, Greg      | JR-3 | Augsburg           | 37:08.65 | Phil Esten Challenge @ UW-La Crosse               | Apr 18, 2019 |
| 29 | Hanrahan, Cian    | JR-3 | St. Olaf           | 38:36.57 | Carleton Relays                                   | Apr 20, 2019 |

## 110 Hurdles

|    | Athlete             | Year | Team               | Time  | Meet                                     | Meet Date    | Wind |
|----|---------------------|------|--------------------|-------|------------------------------------------|--------------|------|
| 1  | Rooney, Taylor      | SO-2 | Gustavus Adolphus  | 14.09 | MIAC Outdoor Track & Field Championships | May 10, 2019 | 1.4  |
| 2  | Martin, Max         | SR-4 | St. John's (Minn.) | 14.96 | MIAC Outdoor Track & Field Championships | May 10, 2019 | 2.2  |
| 3  | Julkes, Willie      | JR-3 | Concordia-Moorhead | 15.04 | MIAC Outdoor Track & Field Championships | May 10, 2019 | 2.2  |
| 4  | Coates, Austin      | SO-2 | St. Thomas (Minn.) | 15.07 | MIAC Outdoor Track & Field Championships | May 10, 2019 | 2.2  |
| 5  | Bye, Matt           | JR-3 | Concordia-Moorhead | 15.09 | MIAC Outdoor Track & Field Championships | May 10, 2019 | +0.0 |
| 6  | Anderson, Erik      | FR-1 | St. Thomas (Minn.) | 15.26 | MIAC Outdoor Track & Field Championships | May 10, 2019 | 2.2  |
| 6  | Schoenfelder, Jonah | JR-3 | St. Thomas (Minn.) | 15.26 | MIAC Outdoor Track & Field Championships | May 10, 2019 | 2.2  |
| 8  | Olson, Dylan        | SR-4 | Hamline            | 15.41 | MIAC Outdoor Track & Field Championships | May 10, 2019 | 2.2  |
| 9  | Walton, Lukas       | FR-1 | Bethel (Minn.)     | 15.85 | MIAC Outdoor Track & Field Championships | May 10, 2019 | +0.0 |
| 10 | Smith, Joel         | FR-1 | Bethel (Minn.)     | 15.91 | MIAC Outdoor Track & Field Championships | May 10, 2019 | 1.4  |

|    | Athlete           | Year | Team                 | Time  | Meet                                     | Meet Date    | Wind |
|----|-------------------|------|----------------------|-------|------------------------------------------|--------------|------|
| 11 | Knutson, Eli      | SR-4 | St. Olaf             | 16.01 | NCC Gregory Final Qualifier              | May 15, 2019 | 2.3  |
| 12 | Angstman, Zach    | FR-1 | Hamline              | 16.12 | MIAC Outdoor Track & Field Championships | May 10, 2019 | 1.9  |
| 13 | Johnson, Jordan   | JR-3 | St. Thomas (Minn.)   | 16.13 | MIAC Outdoor Track & Field Championships | May 10, 2019 | +0.0 |
| 14 | Probst, Drew      | FR-1 | St. Thomas (Minn.)   | 16.21 | MIAC Outdoor Track & Field Championships | May 10, 2019 | 1.4  |
| 15 | Thompson, Ryan    | SO-2 | St. John's (Minn.)   | 16.42 | MIAC Outdoor Track & Field Championships | May 10, 2019 | +0.0 |
| 16 | Adler, Tyler      | SO-2 | St. Thomas (Minn.)   | 16.54 | MIAC Outdoor Track & Field Championships | May 10, 2019 | +0.0 |
| 17 | Welshons, Danny   | FR-1 | St. John's (Minn.)   | 16.65 | Meet of the Saints                       | May 4, 2019  | 0.2  |
| 18 | Wilson, Dan       | FR-1 | Concordia-Moorhead   | 16.88 | MIAC Outdoor Track & Field Championships | May 10, 2019 | +0.0 |
| 18 | Beamer, Christian | SO-2 | Saint Mary's (Minn.) | 16.88 | Ashton May Invitational                  | Apr 6, 2019  | 2.1  |
| 20 | Deng, Patrick     | SR-4 | Augsburg             | 16.90 | Meet of The UnSaintly                    | May 3, 2019  | 2.5  |
| 21 | Nelson, Ben       | FR-1 | St. Thomas (Minn.)   | 17.02 | MIAC Outdoor Track & Field Championships | May 10, 2019 | 1.4  |
| 22 | Finne, Nelson     | SR-4 | Gustavus Adolphus    | 17.12 | MIAC Outdoor Track & Field Championships | May 10, 2019 | +0.0 |
| 23 | Cullen, Tyler     | FR-1 | St. Thomas (Minn.)   | 17.18 | MIAC Outdoor Track & Field Championships | May 10, 2019 | 1.4  |
| 24 | Hutton-Lau, Jett  | FR-1 | Bethel (Minn.)       | 17.22 | Meet of The UnSaintly                    | May 3, 2019  | 2.5  |
| 25 | Probst, Jake      | SR-4 | Concordia-Moorhead   | 17.23 | Cobber Twilight                          | Apr 23, 2019 | 0.7  |
| 26 | Perkins, Kevyn    | FR-1 | St. Thomas (Minn.)   | 17.40 | Hamline Coed Invitational                | Apr 6, 2019  | -1.2 |
| 27 | Paustian, Zach    | SO-2 | Concordia-Moorhead   | 17.50 | Dordt College Outdoor Invitational 2019  | Apr 6, 2019  | 3.0  |
| 28 | Sullivan, Liam    | JR-3 | Carleton             | 17.51 | Carleton Relays                          | Apr 20, 2019 | 2.8  |
| 29 | Stichman, Kyle    | SR-4 | Bethel (Minn.)       | 17.90 | MIAC Outdoor Track & Field Championships | May 10, 2019 | +0.0 |
| 30 | Frick, Chris      | SR-4 | St. Olaf             | 17.91 | MIAC Outdoor Track & Field Championships | May 10, 2019 | +0.0 |

## 400 Hurdles

|    | Athlete             | Year | Team               | Time  | Meet                                           | Meet Date    |
|----|---------------------|------|--------------------|-------|------------------------------------------------|--------------|
| 1  | Labine, Brady       | SO-2 | St. John's (Minn.) | 54.04 | MIAC Outdoor Track & Field Championships       | May 10, 2019 |
| 2  | Smith, Joel         | FR-1 | Bethel (Minn.)     | 54.12 | MIAC Outdoor Track & Field Championships       | May 10, 2019 |
| 3  | Scott, Benjamin     | JR-3 | St. Olaf           | 54.62 | MIAC Outdoor Track & Field Championships       | May 10, 2019 |
| 4  | Martin, Max         | SR-4 | St. John's (Minn.) | 54.91 | MIAC Outdoor Track & Field Championships       | May 10, 2019 |
| 5  | Coates, Austin      | SO-2 | St. Thomas (Minn.) | 55.45 | Meet of the Saints                             | May 4, 2019  |
| 6  | Sealock, Tyler      | FR-1 | Bethel (Minn.)     | 55.54 | MIAC Outdoor Track & Field Championships       | May 10, 2019 |
| 7  | Walton, Lukas       | FR-1 | Bethel (Minn.)     | 55.57 | MIAC Outdoor Track & Field Championships       | May 10, 2019 |
| 8  | Schoenfelder, Jonah | JR-3 | St. Thomas (Minn.) | 55.82 | MIAC Outdoor Track & Field Championships       | May 10, 2019 |
| 9  | Brusilow, Nick      | SO-2 | Carleton           | 56.70 | Bolstorff Twilight                             | Apr 25, 2019 |
| 10 | Anderson, Erik      | FR-1 | St. Thomas (Minn.) | 57.31 | 2019 Pomona-Pitzer Invitational (College/Univ) | Apr 6, 2019  |
| 11 | Karngar, Trokon     | FR-1 | Bethel (Minn.)     | 57.63 | MIAC Outdoor Track & Field Championships       | May 10, 2019 |
| 12 | Welshons, Danny     | FR-1 | St. John's (Minn.) | 58.51 | MIAC Outdoor Track & Field Championships       | May 10, 2019 |



|    | <b>Athlete</b>  | <b>Year</b> | <b>Team</b>        | <b>Time</b> | <b>Meet</b>                                       | <b>Meet Date</b> |
|----|-----------------|-------------|--------------------|-------------|---------------------------------------------------|------------------|
| 13 | Stichman, Kyle  | SR-4        | Bethel (Minn.)     | 58.77       | Augustana Womens Invitational / Meet of Champions | Apr 18, 2019     |
| 14 | Julkes, Willie  | JR-3        | Concordia-Moorhead | 58.94       | Meet of the Saints                                | May 4, 2019      |
| 15 | Verchota, Bobby | SR-4        | Gustavus Adolphus  | 58.99       | MSU Twilight                                      | May 4, 2019      |
| 16 | Sullivan, Liam  | JR-3        | Carleton           | 59.55       | MIAC Outdoor Track & Field Championships          | May 10, 2019     |
| 17 | Maroushek, Mack | FR-1        | St. John's (Minn.) | 1:00.58     | MIAC Outdoor Track & Field Championships          | May 10, 2019     |
| 18 | Miller, Michael | FR-1        | Concordia-Moorhead | 1:00.59     | MIAC Outdoor Track & Field Championships          | May 10, 2019     |
| 19 | Deng, Patrick   | SR-4        | Augsburg           | 1:01.08     | Meet of The UnSaintly                             | May 3, 2019      |
| 20 | Olson, Dylan    | SR-4        | Hamline            | 1:01.44     | Hamline Coed Invitational                         | Apr 6, 2019      |
| 21 | Peterson, Joel  | FR-1        | Hamline            | 1:01.80     | Meet of The UnSaintly                             | May 3, 2019      |
| 22 | Reutzel, Noah   | JR-3        | Hamline            | 1:01.81     | Meet of The UnSaintly                             | May 3, 2019      |
| 23 | Angstman, Zach  | FR-1        | Hamline            | 1:02.95     | Carleton Relays                                   | Apr 20, 2019     |
| 24 | Nelson, Ben     | FR-1        | St. Thomas (Minn.) | 1:03.73     | Tomcat Twilight                                   | Apr 18, 2019     |
| 25 | Kinnucan, Ryan  | FR-1        | Macalester         | 1:04.98     | Meet of The UnSaintly                             | May 3, 2019      |
| 26 | Borgen, Evan    | FR-1        | Concordia-Moorhead | 1:05.63     | 33rd ANNUAL RON MASANZ TRACK & FIELD CLASSIC      | Apr 26, 2019     |
| 27 | Heinecke, Logan | SO-2        | Concordia-Moorhead | 1:06.37     | MIAC Outdoor Track & Field Championships          | May 10, 2019     |

## 3000 Steeplechase

|    | <b>Athlete</b>      | <b>Year</b> | <b>Team</b>          | <b>Time</b> | <b>Meet</b>                                       | <b>Meet Date</b> |
|----|---------------------|-------------|----------------------|-------------|---------------------------------------------------|------------------|
| 1  | Wilkinson, Matthew  | SO-2        | Carleton             | 9:06.82     | Drake Relays presented by Hy-Vee                  | Apr 24, 2019     |
| 2  | Rosenau, Parker     | SR-4        | St. Thomas (Minn.)   | 9:18.38     | 2019 Pomona-Pitzer Invitational (College/Univ)    | Apr 6, 2019      |
| 3  | Furcich, Justin     | SR-4        | St. Olaf             | 9:32.46     | Phil Esten Challenge @ UW-La Crosse               | Apr 18, 2019     |
| 4  | Santos, Ben         | FR-1        | Carleton             | 9:38.67     | MIAC Outdoor Track & Field Championships          | May 10, 2019     |
| 5  | Rasmussen, Anders   | SR-4        | Bethel (Minn.)       | 9:40.37     | Augustana Womens Invitational / Meet of Champions | Apr 18, 2019     |
| 6  | Mathison, James     | SR-4        | St. John's (Minn.)   | 9:41.21     | Bolstorff Twilight                                | Apr 25, 2019     |
| 7  | Allen, Dan          | SR-4        | St. John's (Minn.)   | 9:42.90     | MIAC Outdoor Track & Field Championships          | May 10, 2019     |
| 8  | Wischnack, Alex     | SR-4        | Gustavus Adolphus    | 9:48.79     | Mustang Open                                      | Apr 13, 2019     |
| 9  | Wicklund, Ben       | FR-1        | Gustavus Adolphus    | 9:54.05     | MIAC Outdoor Track & Field Championships          | May 10, 2019     |
| 10 | Foster, Caleb       | JR-3        | Bethel (Minn.)       | 9:59.06     | Augustana Womens Invitational / Meet of Champions | Apr 18, 2019     |
| 11 | Lindgren, Lukas     | SO-2        | St. Olaf             | 10:03.41    | MIAC Outdoor Track & Field Championships          | May 10, 2019     |
| 12 | Stordahl, Tyler     | SR-4        | Gustavus Adolphus    | 10:07.62    | MIAC Outdoor Track & Field Championships          | May 10, 2019     |
| 13 | O'Donnell-Hoff, Sam | JR-3        | Macalester           | 10:10.58    | Minnesota Men's Twilight                          | May 1, 2019      |
| 14 | McCullough, Eamonn  | FR-1        | Gustavus Adolphus    | 10:11.37    | MIAC Outdoor Track & Field Championships          | May 10, 2019     |
| 15 | Barnhart, Andy      | JR-3        | Bethel (Minn.)       | 10:16.12    | PLNU Track and Field Invitational                 | Mar 23, 2019     |
| 16 | Mayse, Smith        | FR-1        | Macalester           | 10:16.16    | Minnesota Men's Twilight                          | May 1, 2019      |
| 17 | Malikowski, Jordan  | SO-2        | Saint Mary's (Minn.) | 10:17.37    | MIAC Outdoor Track & Field Championships          | May 10, 2019     |

|    | Athlete         | Year | Team               | Time     | Meet                                    | Meet Date    |
|----|-----------------|------|--------------------|----------|-----------------------------------------|--------------|
| 18 | Slagel, Isaac   | JR-3 | St. Olaf           | 10:19.08 | Meet of the Saints                      | May 4, 2019  |
| 19 | Larson, Peter   | SO-2 | St. Olaf           | 10:29.25 | Rolex Classic                           | May 1, 2019  |
| 20 | Lavey, Stephen  | FR-1 | Carleton           | 10:30.62 | Carleton Relays                         | Apr 20, 2019 |
| 21 | Scruggs, Nathan | SO-2 | Gustavus Adolphus  | 10:31.55 | Gustavus Alternative                    | Apr 26, 2019 |
| 22 | Meyer, Nathan   | FR-1 | St. John's (Minn.) | 10:34.60 | Bolstorff Twilight                      | Apr 25, 2019 |
| 23 | Ripley, Lars    | SO-2 | St. Olaf           | 10:42.24 | Rolex Classic                           | May 1, 2019  |
| 24 | Trempe, Eric    | FR-1 | St. Thomas (Minn.) | 10:52.58 | Meet of the Saints                      | May 4, 2019  |
| 25 | Kivela, Erik    | SO-2 | Bethel (Minn.)     | 10:59.88 | Gustavus Alternative                    | Apr 26, 2019 |
| 26 | Pancoast, Olsen | JR-3 | Concordia-Moorhead | 10:59.95 | Dordt College Outdoor Invitational 2019 | Apr 6, 2019  |
| 27 | Moore, Ryan     |      | Augsburg           | 11:00.35 | Meet of The UnSaintly                   | May 3, 2019  |
| 28 | Dea, Thomas     | SO-2 | St. Olaf           | 12:30.96 | Gustavus Alternative                    | Apr 26, 2019 |

## 4 x 100 Relay

|    | Team                 | Time  | Athletes                                  | Meet                                     | Meet Date    |
|----|----------------------|-------|-------------------------------------------|------------------------------------------|--------------|
| 1  | St. John's (Minn.)   | 40.78 | Gannon, Schoenbauer, Labine, Miller       | NCAA Final Qualifier at UW-La Crosse     | May 16, 2019 |
| 2  | Saint Mary's (Minn.) | 41.37 | Boone, Steward, Anderson, Lichttenegger   | NCAA Final Qualifier at UW-La Crosse     | May 16, 2019 |
| 3  | St. Thomas (Minn.)   | 41.80 |                                           | Meet of the Saints                       | May 4, 2019  |
| 4  | Gustavus Adolphus    | 42.48 |                                           | MSU Twilight                             | May 4, 2019  |
| 5  | Carleton             | 42.87 | Sullivan, Richter, Kulstad, Schwartz      | Rolex Classic                            | May 1, 2019  |
| 6  | Bethel (Minn.)       | 43.03 | Jones, Sealock, Lossow, Erickson          | Hamline Coed Invitational                | Apr 6, 2019  |
| 7  | Concordia-Moorhead   | 43.25 | Julkes, Wright, Whiting, Schuller         | MIAC Outdoor Track & Field Championships | May 10, 2019 |
| 8  | Macalester           | 43.35 | Edwards-Gaherty, Anigbogu, Smith, Greaney | Bolstorff Twilight                       | Apr 25, 2019 |
| 9  | Hamline              | 43.58 | Sorenson, Velishek, Brisbois, Mendez      | MIAC Outdoor Track & Field Championships | May 10, 2019 |
| 10 | St. Olaf             | 43.64 | Lincoln, Kaiser, Forbes, Kooner           | Rolex Classic                            | May 1, 2019  |
| 11 | Augsburg             | 44.87 | Pruitt, Rosario, Deng, Blake              | MIAC Outdoor Track & Field Championships | May 10, 2019 |

## 4 x 400 Relay

|   | Team               | Time    | Athletes                                  | Meet                                                  | Meet Date    |
|---|--------------------|---------|-------------------------------------------|-------------------------------------------------------|--------------|
| 1 | Bethel (Minn.)     | 3:11.62 | Monroe, Erickson, Metz, Klamm             | NCAA Division III Outdoor Track & Field Championships | May 23, 2019 |
| 2 | Hamline            | 3:20.48 | Mendez, Jones, Velishek, Sorenson         | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 2 | St. John's (Minn.) | 3:20.48 | Thompson, Labine, Devereaux, Collison     | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 4 | Carleton           | 3:20.61 | Richter, Brusilow, Kulstad, Cook-Gallardo | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 5 | St. Thomas (Minn.) | 3:20.87 | Carl, Thedens, Prater, Wachter            | Meet of the Saints                                    | May 4, 2019  |

|    | Team                 | Time    | Athletes                                        | Meet                                     | Meet Date    |
|----|----------------------|---------|-------------------------------------------------|------------------------------------------|--------------|
| 6  | Concordia-Moorhead   | 3:21.99 | Gagnon, Middendorf, Svenby, Wright              | NCC Gregory Final Qualifier              | May 15, 2019 |
| 7  | Gustavus Adolphus    | 3:22.07 | Gast, Madigan, Schugel, Johnson                 | MIAC Outdoor Track & Field Championships | May 10, 2019 |
| 8  | St. Olaf             | 3:24.98 | Scott, Forbes, Peper, Lonergan                  | MIAC Outdoor Track & Field Championships | May 10, 2019 |
| 9  | Macalester           | 3:26.36 | Greaney, Reyes Herrera, Edwards-Gaherty, Palmer | Minnesota Men's Twilight                 | May 1, 2019  |
| 10 | Saint Mary's (Minn.) | 3:30.91 | Boone, Allemann, Borash, Steward                | MIAC Outdoor Track & Field Championships | May 10, 2019 |

## 4 x 800 Relay

|   | Team               | Time    | Athletes                                  | Meet                                     | Meet Date    |
|---|--------------------|---------|-------------------------------------------|------------------------------------------|--------------|
| 1 | St. Thomas (Minn.) | 7:47.93 | Carl, Wachter, Kiley, Kozlowski           | MIAC Outdoor Track & Field Championships | May 10, 2019 |
| 2 | Bethel (Minn.)     | 7:51.87 | Hatton, Segura, Hitt, Lelinga             | MIAC Outdoor Track & Field Championships | May 10, 2019 |
| 3 | Hamline            | 7:55.89 | Lorah, Brodie, Benitez, Gustafson         | MIAC Outdoor Track & Field Championships | May 10, 2019 |
| 4 | Gustavus Adolphus  | 7:57.21 | Madigan, Bauer, Olfert, Gast              | MIAC Outdoor Track & Field Championships | May 10, 2019 |
| 5 | St. Olaf           | 8:00.33 | Stresemann, Cassidy, Malek, Primozych     | MIAC Outdoor Track & Field Championships | May 10, 2019 |
| 6 | Concordia-Moorhead | 8:00.54 | Kringler, Isahak, Christenson, Wilson     | MIAC Outdoor Track & Field Championships | May 10, 2019 |
| 7 | St. John's (Minn.) | 8:01.57 | Houseman, Stanek, Fast, Webb              | MIAC Outdoor Track & Field Championships | May 10, 2019 |
| 8 | Carleton           | 8:07.89 | Rives, Santos, Tydings, Brusilow          | MIAC Outdoor Track & Field Championships | May 10, 2019 |
| 9 | Macalester         | 8:10.42 | Boranian, Reyes Herrera, Watanabe, McNall | MIAC Outdoor Track & Field Championships | May 10, 2019 |

## High Jump

|    | Athlete             | Year | Team                 | Mark  | Conv     | Meet                                                  | Meet Date    |
|----|---------------------|------|----------------------|-------|----------|-------------------------------------------------------|--------------|
| 1  | Beamer, Christian   | SO-2 | Saint Mary's (Minn.) | 2.06m | 6' 9"    | NCAA Final Qualifier at UW-La Crosse                  | May 16, 2019 |
| 2  | Velishek, Christian | FR-1 | Hamline              | 2.00m | 6' 6.75" | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 2  | Kelly, Jake         | SO-2 | St. Thomas (Minn.)   | 2.00m | 6' 6.75" | Meet of the Saints                                    | May 4, 2019  |
| 4  | Rooney, Taylor      | SO-2 | Gustavus Adolphus    | 1.97m | 6' 5.5"  | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 5  | Peper, Stephen      | SO-2 | St. Olaf             | 1.95m | 6' 4.75" | Gustavus Alternative                                  | Apr 26, 2019 |
| 6  | Lichliter, Bill     | JR-3 | St. Thomas (Minn.)   | 1.93m | 6' 4"    | Meet of the Saints                                    | May 4, 2019  |
| 7  | Smith, Andrew       | SR-4 | Macalester           | 1.92m | 6' 3.5"  | Carleton Relays                                       | Apr 20, 2019 |
| 8  | Kulstad, Zach       | SO-2 | Carleton             | 1.87m | 6' 1.5"  | Rolex Classic                                         | May 1, 2019  |
| 9  | Gagnon, Hayden      | FR-1 | Concordia-Moorhead   | 1.86m | 6' 1.25" | Cobber Twilight                                       | Apr 23, 2019 |
| 9  | Bailey, Alex        | JR-3 | Augsburg             | 1.86m | 6' 1.25" | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 11 | Bye, Matt           | JR-3 | Concordia-Moorhead   | 1.84m | 6' 0.5"  | NCAA Division III Outdoor Track & Field Championships | May 23, 2019 |
| 12 | Steward, Noah       | FR-1 | St. Thomas (Minn.)   | 1.83m | 6' 0"    | Meet of the Saints                                    | May 4, 2019  |

|    | <b>Athlete</b>      | <b>Year</b> | <b>Team</b>          | <b>Mark</b> | <b>Conv</b> | <b>Meet</b>                              | <b>Meet Date</b> |
|----|---------------------|-------------|----------------------|-------------|-------------|------------------------------------------|------------------|
| 12 | Rademacher, Sam     | FR-1        | St. John's (Minn.)   | 1.83m       | 6' 0"       | Bolstorff Twilight                       | Apr 25, 2019     |
| 14 | Edwards, Nick       | SO-2        | St. Olaf             | 1.81m       | 5' 11.25"   | MIAC Outdoor Track & Field Championships | May 10, 2019     |
| 14 | Walton, Lukas       | FR-1        | Bethel (Minn.)       | 1.81m       | 5' 11.25"   | MIAC Outdoor Track & Field Championships | May 10, 2019     |
| 14 | Lichttenegger, Kyle | JR-3        | Saint Mary's (Minn.) | 1.81m       | 5' 11.25"   | MIAC Outdoor Track & Field Championships | May 10, 2019     |
| 17 | Rieffer, Jarick     | SO-2        | Hamline              | 1.80m       | 5' 10.75"   | Hamline Coed Invitational                | Apr 6, 2019      |
| 18 | Westman, Hunter     | FR-1        | St. John's (Minn.)   | 1.78m       | 5' 10"      | Meet of the Saints                       | May 4, 2019      |
| 18 | Anyasike, Joe       | FR-1        | St. John's (Minn.)   | 1.78m       | 5' 10"      | Meet of the Saints                       | May 4, 2019      |
| 20 | Finne, Nelson       | SR-4        | Gustavus Adolphus    | 1.76m       | 5' 9.25"    | Central College Dutch Invitational       | Apr 5, 2019      |
| 21 | Knutson, Eli        | SR-4        | St. Olaf             | 1.75m       | 5' 8.75"    | MIAC Outdoor Track & Field Championships | May 10, 2019     |
| 21 | Probst, Drew        | FR-1        | St. Thomas (Minn.)   | 1.75m       | 5' 8.75"    | Hamline Coed Invitational                | Apr 6, 2019      |
| 23 | Johnson, Jordan     | JR-3        | St. Thomas (Minn.)   | 1.72m       | 5' 7.75"    | MIAC Outdoor Track & Field Championships | May 10, 2019     |
| 23 | LePard, Jake        | SO-2        | Concordia-Moorhead   | 1.72m       | 5' 7.75"    | MIAC Outdoor Track & Field Championships | May 10, 2019     |
| 25 | Etuko, Charlie      | FR-1        | St. John's (Minn.)   | 1.70m       | 5' 7"       | CSB-SJU Outdoor                          | Mar 31, 2019     |
| 26 | Frick, Chris        | SR-4        | St. Olaf             | 1.69m       | 5' 6.5"     | MIAC Outdoor Track & Field Championships | May 10, 2019     |
| 26 | Adler, Tyler        | SO-2        | St. Thomas (Minn.)   | 1.69m       | 5' 6.5"     | MIAC Outdoor Track & Field Championships | May 10, 2019     |
| 28 | Eknitphong, Troy    | SR-4        | Gustavus Adolphus    | 1.68m       | 5' 6"       | MSU Twilight                             | May 4, 2019      |
| 28 | Julkes, Willie      | JR-3        | Concordia-Moorhead   | 1.68m       | 5' 6"       | Meet of the Saints                       | May 4, 2019      |
| 28 | Eisenbacher, Gabe   | SO-2        | Concordia-Moorhead   | 1.68m       | 5' 6"       | Meet of the Saints                       | May 4, 2019      |

## Pole Vault

|   | <b>Athlete</b>           | <b>Year</b> | <b>Team</b>          | <b>Mark</b> | <b>Conv</b> | <b>Meet</b>                                           | <b>Meet Date</b> |
|---|--------------------------|-------------|----------------------|-------------|-------------|-------------------------------------------------------|------------------|
| 1 | Kemper, David            | SR-4        | Saint Mary's (Minn.) | 4.78m       | 15' 8.25"   | NCAA Final Qualifier at UW-La Crosse                  | May 16, 2019     |
| 2 | Knutson, Eli             | SR-4        | St. Olaf             | 4.70m       | 15' 5"      | NCAA Division III Outdoor Track & Field Championships | May 23, 2019     |
| 3 | Ritzenthaler, Aidan      | SO-2        | St. Thomas (Minn.)   | 4.50m       | 14' 9"      | 2019 Pomona-Pitzer Invitational (College/Univ)        | Apr 6, 2019      |
| 3 | Schindler, Shawn         | FR-1        | St. John's (Minn.)   | 4.50m       | 14' 9"      | Carleton Relays                                       | Apr 20, 2019     |
| 5 | Bury, Michael            | JR-3        | St. Thomas (Minn.)   | 4.45m       | 14' 7.25"   | MIAC Outdoor Track & Field Championships              | May 10, 2019     |
| 6 | Haley, Sam               | SR-4        | Concordia-Moorhead   | 4.35m       | 14' 3.25"   | MIAC Outdoor Track & Field Championships              | May 10, 2019     |
| 7 | Rikkers, Adam            | JR-3        | St. Thomas (Minn.)   | 4.29m       | 14' 0.75"   | Hamline Coed Invitational                             | Apr 6, 2019      |
| 8 | Howe, George             | SR-4        | Macalester           | 4.20m       | 13' 9.25"   | Carleton Relays                                       | Apr 20, 2019     |
| 8 | Knighton-Johnson, Boston | SR-4        | Bethel (Minn.)       | 4.20m       | 13' 9.25"   | Augustana Womens Invitational / Meet of Champions     | Apr 18, 2019     |

|    | <b>Athlete</b>  | <b>Year</b> | <b>Team</b>          | <b>Mark</b> | <b>Conv</b> | <b>Meet</b>                                           | <b>Meet Date</b> |
|----|-----------------|-------------|----------------------|-------------|-------------|-------------------------------------------------------|------------------|
| 8  | Bordson, Cale   | FR-1        | St. Thomas (Minn.)   | 4.20m       | 13' 9.25"   | MIAC Outdoor Track & Field Championships              | May 10, 2019     |
| 11 | Amdahl, Wyatt   | FR-1        | St. Thomas (Minn.)   | 4.18m       | 13' 8.5"    | Meet of the Saints                                    | May 4, 2019      |
| 12 | Cullen, Tyler   | FR-1        | St. Thomas (Minn.)   | 4.12m       | 13' 6.25"   | Bolstorff Twilight                                    | Apr 25, 2019     |
| 13 | Schuster, Owen  | FR-1        | Carleton             | 4.05m       | 13' 3.5"    | Carleton Relays                                       | Apr 20, 2019     |
| 14 | Paustian, Zach  | SO-2        | Concordia-Moorhead   | 4.00m       | 13' 1.5"    | MIAC Outdoor Track & Field Championships              | May 10, 2019     |
| 14 | Bye, Matt       | JR-3        | Concordia-Moorhead   | 4.00m       | 13' 1.5"    | NCAA Division III Outdoor Track & Field Championships | May 23, 2019     |
| 16 | Frick, Chris    | SR-4        | St. Olaf             | 3.90m       | 12' 9.5"    | Carleton Relays                                       | Apr 20, 2019     |
| 16 | Finne, Nelson   | SR-4        | Gustavus Adolphus    | 3.90m       | 12' 9.5"    | Carleton Relays                                       | Apr 20, 2019     |
| 18 | Hulshizer, Luke | JR-3        | Hamline              | 3.84m       | 12' 7.25"   | Hamline Coed Invitational                             | Apr 6, 2019      |
| 19 | Schegel, Abe    | FR-1        | Bethel (Minn.)       | 3.69m       | 12' 1.25"   | Hamline Coed Invitational                             | Apr 6, 2019      |
| 20 | Stack, Matthew  | FR-1        | Saint Mary's (Minn.) | 3.66m       | 12' 0"      | Saint Mary's Open                                     | Apr 25, 2019     |
| 21 | Guzman, Cole    | JR-3        | Concordia-Moorhead   | 3.60m       | 11' 9.75"   | Dordt College Outdoor Invitational 2019               | Apr 6, 2019      |
| 21 | Walton, Lukas   | FR-1        | Bethel (Minn.)       | 3.60m       | 11' 9.75"   | MIAC Outdoor Track & Field Championships              | May 10, 2019     |
| 23 | Adler, Tyler    | SO-2        | St. Thomas (Minn.)   | 3.50m       | 11' 5.75"   | MIAC Outdoor Track & Field Championships              | May 10, 2019     |
| 24 | Retza, Billy    | JR-3        | Macalester           | 3.40m       | 11' 1.75"   | Meet of The UnSaintly                                 | May 3, 2019      |
| 24 | Thompson, Ryan  | SO-2        | St. John's (Minn.)   | 3.40m       | 11' 1.75"   | MIAC Outdoor Track & Field Championships              | May 10, 2019     |
| 24 | Stichman, Kyle  | SR-4        | Bethel (Minn.)       | 3.40m       | 11' 1.75"   | MIAC Outdoor Track & Field Championships              | May 10, 2019     |
| 24 | Johnson, Jordan | JR-3        | St. Thomas (Minn.)   | 3.40m       | 11' 1.75"   | MIAC Outdoor Track & Field Championships              | May 10, 2019     |
| 28 | Wilson, Dan     | FR-1        | Concordia-Moorhead   | 3.10m       | 10' 2"      | MIAC Outdoor Track & Field Championships              | May 10, 2019     |
| 28 | Sullivan, Liam  | JR-3        | Carleton             | 3.10m       | 10' 2"      | MIAC Outdoor Track & Field Championships              | May 10, 2019     |
| 30 | Probst, Drew    | FR-1        | St. Thomas (Minn.)   | 3.00m       | 9' 10"      | MIAC Outdoor Track & Field Championships              | May 10, 2019     |
| 30 | LePard, Jake    | SO-2        | Concordia-Moorhead   | 3.00m       | 9' 10"      | 33rd ANNUAL RON MASANZ TRACK & FIELD CLASSIC          | Apr 26, 2019     |

## Long Jump

|   | <b>Athlete</b> | <b>Year</b> | <b>Team</b>        | <b>Mark</b> | <b>Conv</b> | <b>Meet</b>                              | <b>Meet Date</b> |
|---|----------------|-------------|--------------------|-------------|-------------|------------------------------------------|------------------|
| 1 | White, Conor   | SR-4        | St. Thomas (Minn.) | 7.16m       | 23' 6"      | MIAC Outdoor Track & Field Championships | May 10, 2019     |
| 2 | Ridders, Adam  | JR-3        | St. Thomas (Minn.) | 7.08m       | 23' 2.75"   | MIAC Outdoor Track & Field Championships | May 10, 2019     |

|    | Athlete              | Year | Team                 | Mark  | Conv       | Meet                                                  | Meet Date    |
|----|----------------------|------|----------------------|-------|------------|-------------------------------------------------------|--------------|
| 3  | Spann, Nicholas      | SR-4 | St. Thomas (Minn.)   | 7.02m | 23' 0.5"   | Drake Relays presented by Hy-Vee                      | Apr 24, 2019 |
| 4  | Prater, Joshua       | JR-3 | St. Thomas (Minn.)   | 6.99m | 22' 11.25" | Meet of the Saints                                    | May 4, 2019  |
| 4  | Lichttenegger, Kyle  | JR-3 | Saint Mary's (Minn.) | 6.99m | 22' 11.25" | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 6  | Keel, Peter          | JR-3 | Carleton             | 6.69m | 21' 11.5"  | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 7  | Keener, Kaleb        | FR-1 | St. Thomas (Minn.)   | 6.67m | 21' 10.75" | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 8  | Steward, Desmond     | SR-4 | Saint Mary's (Minn.) | 6.65m | 21' 10"    | Ashton May Invitational                               | Apr 6, 2019  |
| 9  | DuMoulin, Alexander  | FR-1 | Gustavus Adolphus    | 6.62m | 21' 8.75"  | MSU Twilight                                          | May 4, 2019  |
| 10 | Frick, Chris         | SR-4 | St. Olaf             | 6.42m | 21' 0.75"  | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 11 | Lichliter, Bill      | JR-3 | St. Thomas (Minn.)   | 6.40m | 21' 0"     | Meet of the Saints                                    | May 4, 2019  |
| 12 | Montplaisir, Matthew | JR-3 | Gustavus Adolphus    | 6.39m | 20' 11.75" | Carleton Relays                                       | Apr 20, 2019 |
| 13 | Knutson, Eli         | SR-4 | St. Olaf             | 6.38m | 20' 11.25" | NCAA Division III Outdoor Track & Field Championships | May 23, 2019 |
| 13 | Velishek, Christian  | FR-1 | Hamline              | 6.38m | 20' 11.25" | Hamline Coed Invitational                             | Apr 6, 2019  |
| 15 | Kelly, Jake          | SO-2 | St. Thomas (Minn.)   | 6.35m | 20' 10"    | Bolstorff Twilight                                    | Apr 25, 2019 |
| 16 | Bye, Matt            | JR-3 | Concordia-Moorhead   | 6.33m | 20' 9.25"  | Cobber Twilight                                       | Apr 23, 2019 |
| 17 | Steward, Noah        | FR-1 | St. Thomas (Minn.)   | 6.31m | 20' 8.5"   | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 18 | Wallace, Michael     | FR-1 | St. John's (Minn.)   | 6.29m | 20' 7.75"  | CSB-SJU Outdoor                                       | Mar 31, 2019 |
| 19 | Bjork, Sean          | FR-1 | Bethel (Minn.)       | 6.28m | 20' 7.25"  | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 20 | Adler, Tyler         | SO-2 | St. Thomas (Minn.)   | 6.23m | 20' 5.25"  | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 21 | Jones, Nic           | FR-1 | Bethel (Minn.)       | 6.21m | 20' 4.5"   | Gustavus Alternative                                  | Apr 26, 2019 |
| 22 | Trout, Collin        | SR-4 | St. John's (Minn.)   | 6.17m | 20' 3"     | CSB-SJU Outdoor                                       | Mar 31, 2019 |
| 23 | Stichman, Kyle       | SR-4 | Bethel (Minn.)       | 6.16m | 20' 2.5"   | Gustavus Alternative                                  | Apr 26, 2019 |
| 23 | Pasquesi, Anthony    | FR-1 | Saint Mary's (Minn.) | 6.16m | 20' 2.5"   | Ashton May Invitational                               | Apr 6, 2019  |
| 25 | Van Lannen, Tyler    | SR-4 | Bethel (Minn.)       | 6.14m | 20' 1.75"  | Meet of The UnSaintly                                 | May 3, 2019  |
| 26 | Johnson, Jordan      | JR-3 | St. Thomas (Minn.)   | 6.13m | 20' 1.5"   | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 27 | LePard, Jake         | SO-2 | Concordia-Moorhead   | 6.09m | 19' 11.75" | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 28 | Walton, Lukas        | FR-1 | Bethel (Minn.)       | 6.06m | 19' 10.75" | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 29 | Wilson, Dan          | FR-1 | Concordia-Moorhead   | 5.92m | 19' 5.25"  | Cobber Twilight                                       | Apr 23, 2019 |
| 30 | Thompson, Ryan       | SO-2 | St. John's (Minn.)   | 5.88m | 19' 3.5"   | MIAC Outdoor Track & Field Championships              | May 10, 2019 |

## Triple Jump

|   | Athlete          | Year | Team               | Mark   | Conv      | Meet                                     | Meet Date    |
|---|------------------|------|--------------------|--------|-----------|------------------------------------------|--------------|
| 1 | Spann, Nicholas  | SR-4 | St. Thomas (Minn.) | 14.11m | 46' 3.5"  | MIAC Outdoor Track & Field Championships | May 10, 2019 |
| 2 | Wallace, Michael | FR-1 | St. John's (Minn.) | 13.98m | 45' 10.5" | Hamline Coed Invitational                | Apr 6, 2019  |
| 3 | Trout, Collin    | SR-4 | St. John's (Minn.) | 13.91m | 45' 7.75" | MIAC Outdoor Track & Field Championships | May 10, 2019 |
| 4 | Keel, Peter      | JR-3 | Carleton           | 13.81m | 45' 3.75" | Rolex Classic                            | May 1, 2019  |

|    | <b>Athlete</b>           | <b>Year</b> | <b>Team</b>          | <b>Mark</b> | <b>Conv</b> | <b>Meet</b>                              | <b>Meet Date</b> |
|----|--------------------------|-------------|----------------------|-------------|-------------|------------------------------------------|------------------|
| 5  | Steward, Desmond         | SR-4        | Saint Mary's (Minn.) | 13.72m      | 45' 0.25"   | MIAC Outdoor Track & Field Championships | May 10, 2019     |
| 6  | Kelly, Jake              | SO-2        | St. Thomas (Minn.)   | 13.56m      | 44' 6"      | Tomcat Twilight                          | Apr 18, 2019     |
| 7  | Prater, Joshua           | JR-3        | St. Thomas (Minn.)   | 13.49m      | 44' 3.25"   | MIAC Outdoor Track & Field Championships | May 10, 2019     |
| 8  | DuMoulin, Alexander      | FR-1        | Gustavus Adolphus    | 13.36m      | 43' 10"     | MIAC Outdoor Track & Field Championships | May 10, 2019     |
| 9  | Probst, Jake             | SR-4        | Concordia-Moorhead   | 13.00m      | 42' 8"      | Dordt College Outdoor Invitational 2019  | Apr 6, 2019      |
| 10 | Van Lannen, Tyler        | SR-4        | Bethel (Minn.)       | 12.81m      | 42' 0.5"    | MIAC Outdoor Track & Field Championships | May 10, 2019     |
| 11 | Eknitphong, Troy         | SR-4        | Gustavus Adolphus    | 12.78m      | 41' 11.25"  | MIAC Outdoor Track & Field Championships | May 10, 2019     |
| 12 | Montplaisir, Matthew     | JR-3        | Gustavus Adolphus    | 12.76m      | 41' 10.5"   | MSU Twilight                             | May 4, 2019      |
| 13 | Lichliter, Bill          | JR-3        | St. Thomas (Minn.)   | 12.73m      | 41' 9.25"   | Whittier Twilight                        | Apr 5, 2019      |
| 14 | Amberg, Thomas           | FR-1        | Hamline              | 12.59m      | 41' 3.75"   | MIAC Outdoor Track & Field Championships | May 10, 2019     |
| 15 | Julkes, Willie           | JR-3        | Concordia-Moorhead   | 12.26m      | 40' 2.75"   | MIAC Outdoor Track & Field Championships | May 10, 2019     |
| 16 | Westman, Hunter          | FR-1        | St. John's (Minn.)   | 12.18m      | 39' 11.5"   | CSB-SJU Outdoor                          | Mar 31, 2019     |
| 17 | Marlin, Dean             | JR-3        | Saint Mary's (Minn.) | 12.16m      | 39' 10.75"  | Saint Mary's Open                        | Apr 25, 2019     |
| 18 | White, Conor             | SR-4        | St. Thomas (Minn.)   | 12.08m      | 39' 7.75"   | Minnesota Men's Twilight                 | May 1, 2019      |
| 19 | Miller, Michael          | FR-1        | Concordia-Moorhead   | 12.04m      | 39' 6"      | Meet of the Saints                       | May 4, 2019      |
| 20 | Pang, Yuren              | JR-3        | Macalester           | 11.89m      | 39' 0.25"   | Hamline Coed Invitational                | Apr 6, 2019      |
| 21 | Knighton-Johnson, Boston | SR-4        | Bethel (Minn.)       | 11.85m      | 38' 10.5"   | PLNU Track and Field Invitational        | Mar 23, 2019     |

## Shot Put

|    | <b>Athlete</b>     | <b>Year</b> | <b>Team</b>        | <b>Mark</b> | <b>Conv</b> | <b>Meet</b>                              | <b>Meet Date</b> |
|----|--------------------|-------------|--------------------|-------------|-------------|------------------------------------------|------------------|
| 1  | Barber, Kai        | SO-2        | St. John's (Minn.) | 17.05m      | 55' 11.25"  | Bryan Clay Invitational                  | Apr 17, 2019     |
| 2  | Hensch, Michael    | SR-4        | Gustavus Adolphus  | 16.99m      | 55' 9"      | Gustavus Alternative                     | Apr 26, 2019     |
| 3  | Danhauer, David    | SR-4        | St. Thomas (Minn.) | 16.69m      | 54' 9.25"   | NCAA Final Qualifier at UW-La Crosse     | May 16, 2019     |
| 4  | O'Brien, Gage      | JR-3        | St. Thomas (Minn.) | 16.28m      | 53' 5"      | NCAA Final Qualifier at UW-La Crosse     | May 16, 2019     |
| 5  | Feuerborn, Parker  | FR-1        | St. Thomas (Minn.) | 16.05m      | 52' 8"      | NCAA Final Qualifier at UW-La Crosse     | May 16, 2019     |
| 5  | Dols, Eric         | SR-4        | Hamline            | 16.05m      | 52' 8"      | MIAC Outdoor Track & Field Championships | May 10, 2019     |
| 7  | Orzolek, Steven    | FR-1        | Gustavus Adolphus  | 15.99m      | 52' 5.5"    | Gustavus Alternative                     | Apr 26, 2019     |
| 8  | Martin, Joe        | SO-2        | Hamline            | 15.70m      | 51' 6.25"   | Meet of The UnSaintly                    | May 3, 2019      |
| 9  | Kurtz-Enko, Nathan | SR-4        | St. Olaf           | 15.69m      | 51' 5.75"   | NCAA Final Qualifier at UW-La Crosse     | May 16, 2019     |
| 10 | Steiner, Jake      | SO-2        | Concordia-Moorhead | 15.21m      | 49' 11"     | Meet of the Saints                       | May 4, 2019      |
| 11 | Maday, Mitchell    | SR-4        | Hamline            | 15.01m      | 49' 3"      | Tomcat Twilight                          | Apr 18, 2019     |
| 12 | Larson, Dylan      | JR-3        | Hamline            | 14.78m      | 48' 6"      | MIAC Outdoor Track & Field Championships | May 10, 2019     |
| 13 | Holst, Eric        | SR-4        | St. Thomas (Minn.) | 14.65m      | 48' 0.75"   | MIAC Outdoor Track & Field Championships | May 10, 2019     |
| 14 | Prentis, Garrett   | SO-2        | St. Thomas (Minn.) | 13.75m      | 45' 1.5"    | Meet of the Saints                       | May 4, 2019      |
| 15 | Bradley, Andrew    | FR-1        | Gustavus Adolphus  | 13.69m      | 44' 11"     | MIAC Outdoor Track & Field Championships | May 10, 2019     |

|    | <b>Athlete</b>    | <b>Year</b> | <b>Team</b>          | <b>Mark</b> | <b>Conv</b> | <b>Meet</b>                              | <b>Meet Date</b> |
|----|-------------------|-------------|----------------------|-------------|-------------|------------------------------------------|------------------|
| 16 | Prentis, Garrett  | SO-2        | St. Thomas (Minn.)   | 13.52m      | 44' 4.25"   | Tomcat Twilight                          | Apr 18, 2019     |
| 17 | Mollet, Eli       | FR-1        | St. John's (Minn.)   | 13.48m      | 44' 2.75"   | Meet of the Saints                       | May 4, 2019      |
| 18 | Murphy, Ryan      | SO-2        | St. John's (Minn.)   | 13.35m      | 43' 9.75"   | Bolstorff Twilight                       | Apr 25, 2019     |
| 19 | White, Aengus     | SO-2        | St. Olaf             | 13.12m      | 43' 0.5"    | MIAC Outdoor Track & Field Championships | May 10, 2019     |
| 20 | Irons, Gabe       | FR-1        | Bethel (Minn.)       | 13.10m      | 42' 11.75"  | Gustavus Alternative                     | Apr 26, 2019     |
| 21 | Homan, Jacob      | JR-3        | Saint Mary's (Minn.) | 13.05m      | 42' 9.75"   | MIAC Outdoor Track & Field Championships | May 10, 2019     |
| 22 | Wolfe, Kevin      | JR-3        | Concordia-Moorhead   | 12.85m      | 42' 2"      | Meet of the Saints                       | May 4, 2019      |
| 23 | Schelske, Ben     | SO-2        | Concordia-Moorhead   | 12.76m      | 41' 10.5"   | Dordt College Outdoor Invitational 2019  | Apr 6, 2019      |
| 24 | Murphy, Cameron   | FR-1        | St. John's (Minn.)   | 12.65m      | 41' 6"      | CSB-SJU Outdoor                          | Mar 31, 2019     |
| 25 | Nelson, Wes       | SR-4        | Bethel (Minn.)       | 12.54m      | 41' 1.75"   | Meet of The UnSaintly                    | May 3, 2019      |
| 26 | Bye, Matt         | JR-3        | Concordia-Moorhead   | 12.52m      | 41' 1"      | MIAC Outdoor Track & Field Championships | May 10, 2019     |
| 27 | Kripotos, JT      | SO-2        | St. John's (Minn.)   | 12.48m      | 40' 11.5"   | Meet of the Saints                       | May 4, 2019      |
| 28 | Amy, Tyler        | JR-3        | Saint Mary's (Minn.) | 12.30m      | 40' 4.25"   | Phil Esten Challenge @ UW-La Crosse      | Apr 18, 2019     |
| 28 | Johnson, Jordan   | JR-3        | St. Thomas (Minn.)   | 12.30m      | 40' 4.25"   | MIAC Outdoor Track & Field Championships | May 10, 2019     |
| 30 | Thompson, Matthew | FR-1        | Gustavus Adolphus    | 12.21m      | 40' 0.75"   | Carleton Relays                          | Apr 20, 2019     |

## Discus

|    | <b>Athlete</b>     | <b>Year</b> | <b>Team</b>        | <b>Mark</b> | <b>Conv</b> | <b>Meet</b>                                    | <b>Meet Date</b> |
|----|--------------------|-------------|--------------------|-------------|-------------|------------------------------------------------|------------------|
| 1  | Hensch, Michael    | SR-4        | Gustavus Adolphus  | 50.65m      | 166' 2"     | MSU Twilight                                   | May 4, 2019      |
| 2  | Holst, Eric        | SR-4        | St. Thomas (Minn.) | 49.89m      | 163' 8"     | NCAA Final Qualifier at UW-La Crosse           | May 16, 2019     |
| 3  | Maday, Mitchell    | SR-4        | Hamline            | 46.88m      | 153' 10"    | NCAA Final Qualifier at UW-La Crosse           | May 16, 2019     |
| 4  | Danhauer, David    | SR-4        | St. Thomas (Minn.) | 46.83m      | 153' 8"     | MIAC Outdoor Track & Field Championships       | May 10, 2019     |
| 5  | Barber, Kai        | SO-2        | St. John's (Minn.) | 46.61m      | 152' 11"    | Bolstorff Twilight                             | Apr 25, 2019     |
| 6  | Martin, Joe        | SO-2        | Hamline            | 45.74m      | 150' 1"     | Bolstorff Twilight                             | Apr 25, 2019     |
| 7  | Irons, Gabe        | FR-1        | Bethel (Minn.)     | 45.65m      | 149' 9"     | Meet of The UnSaintly                          | May 3, 2019      |
| 8  | Puett, Andrew      | SR-4        | Gustavus Adolphus  | 45.28m      | 148' 7"     | MSU Twilight                                   | May 4, 2019      |
| 9  | O'Brien, Gage      | JR-3        | St. Thomas (Minn.) | 44.90m      | 147' 4"     | 2019 Pomona-Pitzer Invitational (College/Univ) | Apr 6, 2019      |
| 10 | Mollet, Eli        | FR-1        | St. John's (Minn.) | 44.51m      | 146' 0"     | Hamline Coed Invitational                      | Apr 6, 2019      |
| 11 | Feuerborn, Parker  | FR-1        | St. Thomas (Minn.) | 43.64m      | 143' 2"     | Gustavus Alternative                           | Apr 26, 2019     |
| 12 | Kurtz-Enko, Nathan | SR-4        | St. Olaf           | 43.05m      | 141' 3"     | Bolstorff Twilight                             | Apr 25, 2019     |
| 13 | Johnson, Matt      | FR-1        | St. Thomas (Minn.) | 42.82m      | 140' 6"     | Bolstorff Twilight                             | Apr 25, 2019     |
| 14 | Steiner, Jake      | SO-2        | Concordia-Moorhead | 42.73m      | 140' 2"     | Cobber Twilight                                | Apr 23, 2019     |
| 15 | Maxon, Keith       | SR-4        | Gustavus Adolphus  | 42.07m      | 138' 0"     | MSU Twilight                                   | May 4, 2019      |
| 16 | Miller, Kiefer     | JR-3        | Concordia-Moorhead | 41.72m      | 136' 10"    | 33rd ANNUAL RON MASANZ TRACK & FIELD CLASSIC   | Apr 26, 2019     |
| 17 | White, Aengus      | SO-2        | St. Olaf           | 40.62m      | 133' 3"     | MIAC Outdoor Track & Field Championships       | May 10, 2019     |



|    | <b>Athlete</b>   | <b>Year</b> | <b>Team</b>          | <b>Mark</b> | <b>Conv</b> | <b>Meet</b>                                           | <b>Meet Date</b> |
|----|------------------|-------------|----------------------|-------------|-------------|-------------------------------------------------------|------------------|
| 18 | Murphy, Ryan     | SO-2        | St. John's (Minn.)   | 40.40m      | 132' 6"     | Meet of the Saints                                    | May 4, 2019      |
| 19 | Murphy, Cameron  | FR-1        | St. John's (Minn.)   | 40.30m      | 132' 3"     | Meet of the Saints                                    | May 4, 2019      |
| 20 | Nelson, Wes      | SR-4        | Bethel (Minn.)       | 40.08m      | 131' 6"     | Augustana Womens Invitational / Meet of Champions     | Apr 18, 2019     |
| 21 | Schelske, Ben    | SO-2        | Concordia-Moorhead   | 40.06m      | 131' 5"     | Cobber Twilight                                       | Apr 23, 2019     |
| 22 | Amy, Tyler       | JR-3        | Saint Mary's (Minn.) | 39.04m      | 128' 1"     | Saint Mary's Open                                     | Apr 25, 2019     |
| 23 | Reiter, Ryan     | SR-4        | St. John's (Minn.)   | 39.02m      | 128' 0"     | CSB-SJU Outdoor                                       | Mar 31, 2019     |
| 24 | Gag, Connor      | FR-1        | Gustavus Adolphus    | 38.82m      | 127' 4"     | Gustavus Alternative                                  | Apr 26, 2019     |
| 25 | Wolfe, Kevin     | JR-3        | Concordia-Moorhead   | 38.70m      | 127' 0"     | Cobber Twilight                                       | Apr 23, 2019     |
| 26 | Bye, Matt        | JR-3        | Concordia-Moorhead   | 38.29m      | 125' 7"     | NCAA Division III Outdoor Track & Field Championships | May 23, 2019     |
| 27 | Kerzman, Jake    | FR-1        | Concordia-Moorhead   | 37.83m      | 124' 1"     | Tomcat Twilight                                       | Apr 18, 2019     |
| 28 | Johnson, Dan     | FR-1        | Bethel (Minn.)       | 37.68m      | 123' 7"     | Augustana Womens Invitational / Meet of Champions     | Apr 18, 2019     |
| 29 | Prentis, Garrett | SO-2        | St. Thomas (Minn.)   | 37.66m      | 123' 7"     | Meet of the Saints                                    | May 4, 2019      |
| 30 | Espe, David      | JR-3        | Gustavus Adolphus    | 37.56m      | 123' 3"     | Carleton Relays                                       | Apr 20, 2019     |

## Hammer

|    | <b>Athlete</b>   | <b>Year</b> | <b>Team</b>        | <b>Mark</b> | <b>Conv</b> | <b>Meet</b>                                           | <b>Meet Date</b> |
|----|------------------|-------------|--------------------|-------------|-------------|-------------------------------------------------------|------------------|
| 1  | Holst, Eric      | SR-4        | St. Thomas (Minn.) | 63.20m      | 207' 4"     | NCAA Final Qualifier at UW-La Crosse                  | May 16, 2019     |
| 2  | Hensch, Michael  | SR-4        | Gustavus Adolphus  | 61.61m      | 202' 1"     | NCAA Division III Outdoor Track & Field Championships | May 23, 2019     |
| 3  | Dols, Eric       | SR-4        | Hamline            | 61.03m      | 200' 3"     | Drake Relays presented by Hy-Vee                      | Apr 24, 2019     |
| 4  | Barber, Kai      | SO-2        | St. John's (Minn.) | 54.09m      | 177' 5"     | MIAC Outdoor Track & Field Championships              | May 10, 2019     |
| 5  | Larson, Dylan    | JR-3        | Hamline            | 53.56m      | 175' 9"     | Bolstorff Twilight                                    | Apr 25, 2019     |
| 6  | Maday, Mitchell  | SR-4        | Hamline            | 53.13m      | 174' 4"     | MIAC Outdoor Track & Field Championships              | May 10, 2019     |
| 7  | Steiner, Jake    | SO-2        | Concordia-Moorhead | 52.49m      | 172' 2"     | NCAA Final Qualifier at UW-La Crosse                  | May 16, 2019     |
| 8  | Nelson, Wes      | SR-4        | Bethel (Minn.)     | 51.82m      | 170' 0"     | MIAC Outdoor Track & Field Championships              | May 10, 2019     |
| 9  | Danhauer, David  | SR-4        | St. Thomas (Minn.) | 50.54m      | 165' 10"    | MIAC Outdoor Track & Field Championships              | May 10, 2019     |
| 10 | O'Brien, Gage    | JR-3        | St. Thomas (Minn.) | 50.39m      | 165' 4"     | Tomcat Twilight                                       | Apr 18, 2019     |
| 11 | Wimmer, Isaiah   | SO-2        | St. Thomas (Minn.) | 47.72m      | 156' 7"     | Gustavus Alternative                                  | Apr 26, 2019     |
| 12 | Reiter, Ryan     | SR-4        | St. John's (Minn.) | 47.34m      | 155' 4"     | MIAC Outdoor Track & Field Championships              | May 10, 2019     |
| 13 | Mollet, Eli      | FR-1        | St. John's (Minn.) | 46.64m      | 153' 0"     | MIAC Outdoor Track & Field Championships              | May 10, 2019     |
| 14 | Orzolek, Steven  | FR-1        | Gustavus Adolphus  | 45.90m      | 150' 7"     | Carleton Relays                                       | Apr 20, 2019     |
| 15 | Miller, Kiefer   | JR-3        | Concordia-Moorhead | 45.25m      | 148' 5"     | Dordt College Outdoor Invitational 2019               | Apr 6, 2019      |
| 16 | Irons, Gabe      | FR-1        | Bethel (Minn.)     | 42.98m      | 141' 0"     | Bolstorff Twilight                                    | Apr 25, 2019     |
| 17 | Doyle, Lucas     | FR-1        | Hamline            | 42.72m      | 140' 2"     | Meet of The UnSaintly                                 | May 3, 2019      |
| 18 | Prentis, Garrett | SO-2        | St. Thomas (Minn.) | 42.64m      | 139' 11"    | Meet of the Saints                                    | May 4, 2019      |
| 19 | Rioux, Dylan     | JR-3        | Hamline            | 42.33m      | 138' 10"    | Meet of The UnSaintly                                 | May 3, 2019      |

|    | <b>Athlete</b>    | <b>Year</b> | <b>Team</b>          | <b>Mark</b> | <b>Conv</b> | <b>Meet</b>                             | <b>Meet Date</b> |
|----|-------------------|-------------|----------------------|-------------|-------------|-----------------------------------------|------------------|
| 20 | Onwualu, Odera    | SO-2        | Bethel (Minn.)       | 42.24m      | 138' 7"     | PLNU Track and Field Invitational       | Mar 23, 2019     |
| 21 | Johnson, Dan      | FR-1        | Bethel (Minn.)       | 41.44m      | 135' 11"    | Meet of The UnSainly                    | May 3, 2019      |
| 22 | Feuerborn, Parker | FR-1        | St. Thomas (Minn.)   | 41.15m      | 135' 0"     | Tomcat Twilight                         | Apr 18, 2019     |
| 23 | Murphy, Ryan      | SO-2        | St. John's (Minn.)   | 40.80m      | 133' 10"    | Bolstorff Twilight                      | Apr 25, 2019     |
| 24 | Nelson, Russell   | SO-2        | Bethel (Minn.)       | 40.73m      | 133' 7"     | Bolstorff Twilight                      | Apr 25, 2019     |
| 25 | Schelske, Ben     | SO-2        | Concordia-Moorhead   | 40.58m      | 133' 2"     | Dordt College Outdoor Invitational 2019 | Apr 6, 2019      |
| 26 | Berggren, Hunter  | SO-2        | Concordia-Moorhead   | 40.41m      | 132' 7"     | Dordt College Outdoor Invitational 2019 | Apr 6, 2019      |
| 27 | Prentis, Garrett  | SO-2        | St. Thomas (Minn.)   | 40.02m      | 131' 3"     | Tomcat Twilight                         | Apr 18, 2019     |
| 28 | Murphy, Cameron   | FR-1        | St. John's (Minn.)   | 39.51m      | 129' 7"     | Carleton Relays                         | Apr 20, 2019     |
| 29 | Homan, Jacob      | JR-3        | Saint Mary's (Minn.) | 39.32m      | 129' 0"     | Phil Esten Challenge @ UW-La Crosse     | Apr 18, 2019     |
| 30 | Hendrycks, Jay    | JR-3        | Hamline              | 38.77m      | 127' 2"     | Carleton Relays                         | Apr 20, 2019     |

## Javelin

|    | <b>Athlete</b>        | <b>Year</b> | <b>Team</b>        | <b>Mark</b> | <b>Conv</b> | <b>Meet</b>                              | <b>Meet Date</b> |
|----|-----------------------|-------------|--------------------|-------------|-------------|------------------------------------------|------------------|
| 1  | Hensch, Michael       | SR-4        | Gustavus Adolphus  | 58.11m      | 190' 8"     | MIAC Outdoor Track & Field Championships | May 10, 2019     |
| 2  | Berning, Will         | JR-3        | Concordia-Moorhead | 57.78m      | 189' 7"     | MIAC Outdoor Track & Field Championships | May 10, 2019     |
| 3  | Bye, Matt             | JR-3        | Concordia-Moorhead | 54.12m      | 177' 7"     | MIAC Outdoor Track & Field Championships | May 10, 2019     |
| 4  | Zaytoun, Christian    | SR-4        | Carleton           | 53.24m      | 174' 8"     | Carleton Relays                          | Apr 20, 2019     |
| 5  | Hendrycks, Jay        | JR-3        | Hamline            | 52.63m      | 172' 8"     | Hamline Coed Invitational                | Apr 6, 2019      |
| 6  | McKinney, Kyle        | FR-1        | St. John's (Minn.) | 52.47m      | 172' 2"     | MIAC Outdoor Track & Field Championships | May 10, 2019     |
| 7  | Escher, Matt          | FR-1        | St. Thomas (Minn.) | 52.03m      | 170' 8"     | MIAC Outdoor Track & Field Championships | May 10, 2019     |
| 8  | Adler, Tyler          | SO-2        | St. Thomas (Minn.) | 51.61m      | 169' 4"     | Whittier Twilight                        | Apr 5, 2019      |
| 9  | Hagstrom, Peter       | JR-3        | Carleton           | 51.57m      | 169' 2"     | MIAC Outdoor Track & Field Championships | May 10, 2019     |
| 10 | Thompson, Ryan        | SO-2        | St. John's (Minn.) | 50.40m      | 165' 4"     | MIAC Outdoor Track & Field Championships | May 10, 2019     |
| 11 | Bergemann, Evan       | SO-2        | Augsburg           | 49.45m      | 162' 3"     | Meet of The UnSainly                     | May 3, 2019      |
| 12 | Edwards-Gaherty, Liam | JR-3        | Macalester         | 49.31m      | 161' 9"     | Minnesota Men's Twilight                 | May 1, 2019      |
| 13 | Journell, Mack        | JR-3        | Carleton           | 48.56m      | 159' 4"     | MIAC Outdoor Track & Field Championships | May 10, 2019     |
| 14 | Knutson, Eli          | SR-4        | St. Olaf           | 48.31m      | 158' 6"     | MIAC Outdoor Track & Field Championships | May 10, 2019     |
| 15 | Deserto, Vince        | SO-2        | St. Thomas (Minn.) | 47.63m      | 156' 3"     | MIAC Outdoor Track & Field Championships | May 10, 2019     |
| 16 | Johnson, Jordan       | JR-3        | St. Thomas (Minn.) | 47.61m      | 156' 2"     | MIAC Outdoor Track & Field Championships | May 10, 2019     |
| 17 | Dolezal, Josh         | FR-1        | St. Thomas (Minn.) | 44.26m      | 145' 2"     | MIAC Outdoor Track & Field Championships | May 10, 2019     |
| 18 | Stahl, Axel           | SO-2        | Carleton           | 44.25m      | 145' 2"     | MIAC Outdoor Track & Field Championships | May 10, 2019     |
| 19 | Richter, Bryan        | JR-3        | Carleton           | 43.20m      | 141' 9"     | Carleton Relays                          | Apr 20, 2019     |
| 20 | Johnson, Dan          | FR-1        | Bethel (Minn.)     | 43.09m      | 141' 4"     | Meet of The UnSainly                     | May 3, 2019      |
| 21 | Lillehaugen, Luke     | SR-4        | Concordia-Moorhead | 41.11m      | 134' 10"    | Meet of the Saints                       | May 4, 2019      |

|    | Athlete                | Year | Team               | Mark   | Conv     | Meet                                     | Meet Date    |
|----|------------------------|------|--------------------|--------|----------|------------------------------------------|--------------|
| 22 | Finne, Nelson          | SR-4 | Gustavus Adolphus  | 40.53m | 133' 0"  | Mustang Open                             | Apr 13, 2019 |
| 23 | Julkes, Willie         | JR-3 | Concordia-Moorhead | 39.37m | 129' 2"  | Tomcat Twilight                          | Apr 18, 2019 |
| 24 | LePard, Jake           | SO-2 | Concordia-Moorhead | 39.22m | 128' 8"  | MIAC Outdoor Track & Field Championships | May 10, 2019 |
| 25 | Sullivan, Liam         | JR-3 | Carleton           | 38.65m | 126' 10" | Carleton Relays                          | Apr 20, 2019 |
| 26 | Caradimitropoulo, Joey | JR-3 | Carleton           | 38.57m | 126' 6"  | Carleton Relays                          | Apr 20, 2019 |
| 27 | Cullen, Tyler          | FR-1 | St. Thomas (Minn.) | 38.45m | 126' 2"  | Tomcat Twilight                          | Apr 18, 2019 |
| 28 | Metz, Fletcher         | JR-3 | Carleton           | 38.16m | 125' 2"  | Rolex Classic                            | May 1, 2019  |
| 29 | Anitoni, Naufahu       | FR-1 | St. John's (Minn.) | 37.62m | 123' 5"  | Bolstorff Twilight                       | Apr 25, 2019 |
| 30 | Frick, Chris           | SR-4 | St. Olaf           | 37.45m | 122' 10" | Hamline Coed Invitational                | Apr 6, 2019  |

## Decathlon

|    | Athlete         | Year | Team               | Points | Meet                                                  | Meet Date    |
|----|-----------------|------|--------------------|--------|-------------------------------------------------------|--------------|
| 1  | Bye, Matt       | JR-3 | Concordia-Moorhead | 6623   | NCAA Division III Outdoor Track & Field Championships | May 23, 2019 |
| 2  | Knutson, Eli    | SR-4 | St. Olaf           | 6592   | NCAA Division III Outdoor Track & Field Championships | May 23, 2019 |
| 3  | Johnson, Jordan | JR-3 | St. Thomas (Minn.) | 5992   | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 4  | Adler, Tyler    | SO-2 | St. Thomas (Minn.) | 5953   | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 5  | Thompson, Ryan  | SO-2 | St. John's (Minn.) | 5835   | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 6  | Walton, Lukas   | FR-1 | Bethel (Minn.)     | 5786   | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 7  | Finne, Nelson   | SR-4 | Gustavus Adolphus  | 5644   | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 8  | Frick, Chris    | SR-4 | St. Olaf           | 5333   | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 9  | Sullivan, Liam  | JR-3 | Carleton           | 5271   | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 10 | Probst, Drew    | FR-1 | St. Thomas (Minn.) | 5189   | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 11 | Stichman, Kyle  | SR-4 | Bethel (Minn.)     | 5096   | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 12 | Wilson, Dan     | FR-1 | Concordia-Moorhead | 4698   | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 13 | Paustian, Zach  | SO-2 | Concordia-Moorhead | 4660   | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 14 | LePard, Jake    | SO-2 | Concordia-Moorhead | 4305   | MIAC Outdoor Track & Field Championships              | May 10, 2019 |
| 15 | Cullen, Tyler   | FR-1 | St. Thomas (Minn.) | 3996   | MIAC Outdoor Track & Field Championships              | May 10, 2019 |

